

TODAY'S PAPER INSIDE

express

NOVEMBER 3, 2010 | A PUBLICATION OF *The Washington Post*

ADVERTISEMENT

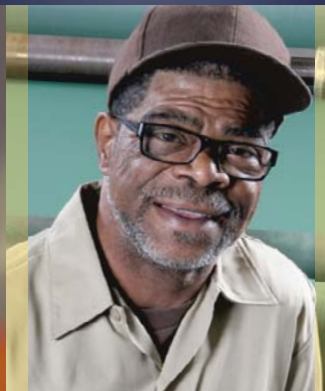
Creating Jobs for People Who Are Blind or Have Other Severe Disabilities

NIB
NATIONAL INDUSTRIES FOR THE BLIND



SKILCRAFT®

Every Purchase Creates Jobs



Nearly 6,000 people who are blind produce SKILCRAFT products and provide services sold through the AbilityOne Program. These dedicated Americans thank you for your support!

www.nib.org • www.abilityonecatalog.com • 1-800-433-2304

SKILCRAFT® trademark is licensed by National Industries for the Blind



Formerly JWOD

Creating Jobs for People Who Are Blind or Have Other Severe Disabilities



Every Purchase Creates Jobs



SKILCRAFT is the brand of choice and the AbilityOne Program is the preferred source for federal and military purchasers.

When you buy SKILCRAFT or other products produced through the AbilityOne Program, your purchase supports the continued employment and training opportunities for more than 42,000 people who are blind or have other severe disabilities.

The Program is administered by the Committee for Purchase From People Who Are Blind or Severely Disabled, an independent federal agency, with assistance from National Industries for the Blind (NIB) and NISH – Creating Employment Opportunities for People with Severe Disabilities.

Purchasing SKILCRAFT and other products through the AbilityOne Program fulfills the required source provision of the Javits-Wagner-O'Day (JWOD) Act.

For more information about SKILCRAFT or the AbilityOne Program

www.nib.org • www.abilityonecatalog.com • 1-800-433-2304

SKILCRAFT® trademark is licensed by National Industries for the Blind



express

www.expressnightout.com

TANGO • FOXTROT • WALTZ • CHA CHA • SALSA • RUMBA • MERENGUE • SAMBA • MAMBO • SWING

Dance The Night Away! 25% OFF new students

- Alex/Landmark
- Tyson's Corner
- Chevy Chase • Gaithersburg
- Columbia • Silver Spring
- Ashburn

1-800-503-6769

Arthur Murray Dance Studios

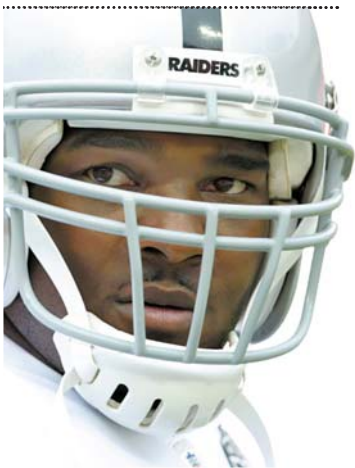
WWW.ARTHURMURRAYDC.COM

What you do on the dance floor is our business!

Classes Forming Now

SALSA • RUMBA • MERENGUE • SAMBA • MAMBO • SWING • HUSTLE • NIGHTCLUB • BALLROOM

Wednesday



TUESDAY TRYOUTS
Redskins take a look at ex-Raiders QB JaMarcus Russell **25**

NEWSPAPER PURCHASE
Fired executives buy the beleaguered Washington Times **13**



BLOODSHED IN BAGHDAD
A series of bombs kill scores, raising security concerns **11**

am **56** | **45** | pm

FOR EXTENDED FORECAST, SEE PAGE 43

NOVEMBER 3, 2010 | A PUBLICATION OF *The Washington Post* | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | **FREE DAILY**

LET THE BLAME BEGIN

With a bruising 2010 election behind them, Dems turn to sorting out what went wrong **15**

[VOTE 2010]

ISTOCKPHOTOS: EXPRESS ILLUSTRATION

THE POLLS CLOSED AFTER EXPRESS' DEADLINE. FOR RESULTS, SEE WASHINGTONPOST.COM.

eo

eye openers

Robbers Have No Cognizance of Zipcar

A bank robber forgot to set up a getaway ride, so he offered \$1,000 to people on the street for a lift after the heist. Capitola, Calif., police said a man in his 40s or 50s entered a bank Saturday morning and ordered \$20 and \$100 bills from the teller. About a block from the bank, witnesses told investigators that a man was offering \$1,000 to anyone who would give him a ride to Santa Cruz. Police have not found the suspect. (AP)

“It’s inappropriate, but at the same time it stands for something else.”

— GREGORY HAMPTON-BOYD, OWNER OF A WAKEFIELD, MASS., TRACK AND FIELD SWEATSHIRT. THE TEAM’S INITIALS ARE UPSETTING THE TOWN’S RESIDENTS.



Bumbling Thief Story Extra-Bumbly Today

As police in Lexington, Ky., sought a second man for theft of copper from a vacant house, Charles Creech came tumbling through a ceiling. The 36-year-old Creech had hidden in the basement ceiling after police responded to a neighbor’s call about noise coming from the house. A police spokesman says officers captured one man after a foot chase Monday afternoon and were checking the home when the drywall gave way and Creech fell to the floor. (AP)

The Big Picture



A BOY IN A TRADITIONAL MASK walks in a parade for the National Encounter of Masquerades on Sunday at the central park of Aserri, Costa Rica. The nation celebrates this parade as a means to preserve his-torical customs and counteract foreign celebrations such as Halloween. (GETTY)

LAPTOPS
from \$149



Our Prices Are Falling!

~Bulk Buyers Welcome~

WIRELESS LAPTOPS	COMPUTERS
DELL LATITUDE D500 Pm 1.3ghz 256mb 40gb DVD Wifi Nic XP \$149	DELL Optiplex Gx110 SFF DT P3 667mhz 128mb 10gb Nic CD-Rom; OS: Linux Ubuntu \$25
APPLE ibook G4 1.2ghz 256mb 30gb DVD/CDRW NIC Wireless 12" 10.4 \$199	IBM THINKCENTER S50 P4 3.2GHZ 512MB 40GB CD XP \$99
IBM THINKPAD T60 Core Duo 1.83ghz 2GB RAM! 60GB DVD/CDRW Wifi XP \$299	HP TOUCHSMART 300-1120 IN BOX Manfc. REFURB. ATHLON II 2.7GHZ 4GB RAM 750GB HD DVDRW 20" SCREEN! WIFI!..... \$649

NEW Dell
V505W WIRELESS
AIO PRINTER
\$129!



1YR HARDWARE
GUARANTEE

COMPUTERS
LAPTOPS MONITORS
PRINTERS

REFURBISHED BUSINESS CLASS EQUIPMENT

MODELS & PRICING ARE
SUBJECT TO CHANGE.

PC RETRO.COM

COMPUTER WAREHOUSE

FALLS CHURCH • ALEXANDRIA • BELTSVILLE 1-877-277-3872

Bombs Were a Shot in the Dark

Officials: Al-Qaeda didn't know where parcels would explode

Washington

Even after a suspected test run in September, last week's attempted mail bombings from Yemen were a shot in the dark for al-Qaeda, which could not have known exactly where its packages were when they were set to explode, U.S. officials said Tuesday.

When investigators pulled the Chicago-bound packages off cargo planes in England and the United Arab Emirates Friday, they found the bombs wired to cell phones. The communication cards had been removed and the phones could not receive calls, officials said, making it likely the terrorists intended the alarm or timer functions to detonate the bombs.

"The cell phone probably would have been triggered by the alarm functions and it would have exploded midair," said a U.S. official briefed on the investigation, who, like other officials, spoke on condition of ano-



The Obama administration intends to tighten security on U.S.-bound cargo.

Officials on three continents thwarted last week's mail bomb plot, the culmination of more than a month of intelligence-gathering.

nymity about the case.

The official also said Tuesday that each bomb was attached to a syringe containing lead azide, a chemical initiator that would have detonated PETN explosives packed into each printer cartridge. Both PETN and a syringe were used in the failed bombing last Christmas of a Detroit-bound airliner.

The Obama administration, which has been monitoring intel-

Watching the Route

Investigators believe al-Qaeda mailed three innocent-looking packages from Yemen to Chicago in mid-September to watch the route they took. One of those packages contained a copy of British author George Eliot's 1860 novel "The Mill on the Floss." Authorities were investigating whether it was a subtle calling card from Anwar al-Awlaki, the U.S.-born Yemeni cleric who has inspired a string of attempted attacks against the West. (AP)

ligence on possible mail plots since at least early September, was preparing new security rules for international cargo in response to the attempted attack. Security officials are considering requiring that companies provide information about incoming cargo before planes take off.

President Obama stressed the need for stronger security for air cargo in a telephone conversation Tuesday with Ali Abdullah Saleh, Yemen's president, the White House said. (AP)

LANDER, WYO.

Sheriff: No Survivors In Crash of Small Plane

The wreckage of a small plane carrying four members of a Minneapolis family was found late Monday in a rugged Wyoming mountain range a week after it disappeared, and searchers said there were no survivors. Luke Bucklin, 40, was piloting the plane, and his 14-year-old twins, Nate and Nick, and 12-year-old son, Noah, were passengers. (AP)

CAPE CANAVERAL, FLA.

Astronauts Cast Early Ballots From Space

The three Americans orbiting the planet on Election Day have cast their ballots. Space station astronaut Scott Kelly voted Sunday via a secure e-mail system. Douglas Wheelock and Shannon Walker also voted recently 200-plus-miles up. Texas legislators passed a bill in 1997 allowing astronauts to vote from orbit. (AP)

BILOXI, MISS.

BP's Oil Spill Costs Grow

BP PLC is once again reporting profits Tuesday even with an estimated \$40 billion price tag for the response to its blown-out well in the Gulf of Mexico. BP has set up a \$20 billion compensation fund to pay victims of the oil spill, cutting roughly \$1.7 billion in checks so far. But the process has been slow for struggling Gulf Coast residents. (AP)

No Magic Pill: Omega-3 pills promoted as boosting memory didn't slow mental and physical decline in older patients with Alzheimer's disease, a big disappointment in a multimillion-dollar government-funded study. "We had high hopes that we'd see some efficacy, but we did not," said Dr. Joseph Quinn, an author of the \$10 million study and a researcher at Oregon Health and Science University. (AP)

CRIMINAL JUSTICE

INVESTIGATE YOUR LEADERSHIP OPPORTUNITIES.

Your teachers will be experienced members of police departments, the judiciary, the military and security management. And your bachelor's or master's degree or certificate from University of Maryland University College (UMUC) will prepare you for leadership roles in law enforcement, counterterrorism or private security.

- On-the-job experience may earn you credit toward your bachelor's degree through our Prior Learning program
- Scholarships, loans and an interest-free monthly payment plan available
- No SAT, GRE or GMAT required



Enroll now.

800-888-UMUC • umuc.edu/shine

Got Belly Fat?

FREE Treatment

- ✓ FREE consult to find out WHAT to eat to lose weight fast!
- ✓ Determine your body type: Thyroid, Liver, Adrenal or Ovary!
- ✓ How to lose weight even if you're STRESSED, TIRED, LAZY and lost your MOJO!

It's Your Time - Don't Put It Off Any Longer - Call Today!

FREE Treatment - LIMITED TIME OFFER: Until Nov. 15th

Call Now: 703-354-7336



Key Executive Leadership MPA

Ranked 6th in the nation.
- U.S. News & World Report

Learn

- ➔ in a cohort of accomplished professionals
- ➔ from top scholar-practitioners
- ➔ weekend programs
- ➔ master's degree and certificate programs
- ➔ executive mpa with focus on maritime affairs

LEARN MORE AT OUR OPEN HOUSE

Thursday, November 4, 5:30pm-7pm
National Academy of Public Administration
Sixth Floor
900 7th St. NW
Washington, DC

Apply now for Spring 2011!

For more information or to RSVP contact:
202-885-3217 or key@american.edu.

american.edu/spa/key

 **SCHOOL of PUBLIC AFFAIRS**
AMERICAN UNIVERSITY ★ WASHINGTON, D.C.

co/aa

Nation

Midterms Up the Ante

2010 elections shatter spending records, set up an expensive 2012

Washington

If you think the 2010 elections were expensive, just wait until 2012.

The midterms have shattered spending records for a nonpresidential contest, providing a likely blueprint for the frenzy to come when the White House is up for grabs in two years, according to political consultants, campaign-finance experts and activists from both parties.

The numbers have been driven up in part by a proliferation of outside interest groups — particularly on the Republican side — that have taken advantage of favorable court rulings to raise and spend money more freely than in the past.



Deep Pockets

The Center for Responsive Politics research group estimates that total spending for 2010 could hit \$4 billion, with outside expenditures accounting for only 10 to 12 percent of that. (TWP)

Independent groups have reported spending \$270 million so far, but that number does not include tens of millions of dollars more not disclosed to the Federal Election Commission. Much of the money has been spent by nonprofit groups,

such as the U.S. Chamber of Commerce, that do not have to reveal where they got the money.

"It's the how-to for 2012," said Ellen Miller, executive director of the Sunlight Foundation, which tracks money in politics. "It's how to use corporate money, how to use secret money, to buy elections. ... It's going to be no-holds-barred."

Aides and strategists close to Obama are in the midst of an intense debate over how to cope with the issue looking ahead to 2012, according to sources familiar with the talks.

One of the biggest new players this year is American Crossroads and its nonprofit sister group, Crossroads GPS, which was founded with support from GOP strategists Karl Rove and Ed Gillespie. The two groups have reported spending about \$40 million. **DAN EGGEN AND T.W. FARNAM (THE WASHINGTON POST)**



Fall into the weekend with TGIFF.

Thank Goodness It's Fall Fridays! Celebrate the change of seasons with a colorful start to your weekend. Lansdowne Resort lets you set your agenda for a fun country escape that's city-close.

TGIFF Package from \$289* includes:

- Deluxe accommodations for two
- Three-course dinner for two in *On The Potomac*
- Any bottle of wine from our "30 under \$30" wine list

Call 888-541-7951 or visit LansdowneExcitement.com



* Based on availability. Valid Fridays, now through November 26, 2010 only. Dinner includes tax and gratuity. Can not be combined with any other offers.

44050 Woodridge Parkway, Leesburg, Virginia 20176
30 miles from Washington, D.C. • 8 miles from Dulles Airport

BENCHMARK HOSPITALITY INTERNATIONAL



Leading the way to better health

Attn: Federal Employees

Thank you for considering M.D.IPA, a UnitedHealthcare Company, this open enrollment season.

We are proud to have the opportunity to provide you with health care coverage that fits the way you live. We're committed to giving you access to a better health care experience.

- Preventive care covered at 100 percent
- \$0 copay for all primary care doctor visits for children through age 17
- PPO dental and vision coverage at no additional cost
- Wellness services to help you live well

From your personal health assessment to Health Coach support to preventive care, our benefits and services are available to help you and your family achieve better health. For more information, call us at **1-877-835-9861**, or visit us online at **www.uhcfeds.com**.

M.D.IPASM
A **UnitedHealthcare[®]** Company

uhcfeds.com

©2010 United HealthCare Services, Inc. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Health Plan coverage provided by or through a UnitedHealthcare company. UnitedHealthcare Dental coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by Dental Benefit Providers, Inc., Dental Benefit Administrative Services (CA only), United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number DPOL.06.TX (11/15/2006) and associated COC form number DCOC.CER.06.

UHCEW494490-000



I WANT AN IVY LEAGUE MBA.

WE'RE EARNING A CORNELL MBA
HERE IN WASHINGTON, D.C.

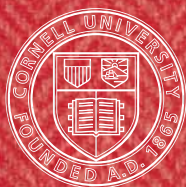


Cornell-Queen's Executive MBA

Weekend classes meet locally for just 16 months. Join Cornell's global network of faculty, students, and alumni.

ADMISSIONS EVENTS: November 10, 6 p.m. at the Willard InterContinental, Washington, D.C.

Learn more and register for events at cornellwashingtondc.com.



JOHNSON
Cornell University

Nation

Aspiring Teachers Put to the Test

19 states prepare new requirements to get professional license

St. Paul, Minn.

Standing at the edge of a pond surrounded by her class of fourth-graders, Jasmine Zeppa filled a bucket with brown water and lectured her pupils on the science of observing and recording data. Many of the children seemed more interested in nearby geese, a passing jogger and the crunchy leaves underfoot.

Zeppa's own professor from St. Catherine University stood nearby and recorded video of it all.

"I think it went as well as it possibly could have, given her experience," the professor, Susan Gibbs Goetz, said. Her snap review: The 25-year-old Zeppa could have done a better job holding the students' attention but did well building on past lessons.

Aspiring teachers such as Zeppa are preparing for new, more demanding requirements to receive their teacher licenses. Under a new system being tested in 19 states, video of student teachers in their classrooms will be evaluated and candidates must show they can prepare a lesson and present it effectively.

Most states require only that would-be teachers pass their class work and a written test. Supporters



Future teacher Jasmine Zeppa presents a science lesson in St. Paul, Minn.

of the new system say the Teacher Performance Assessment program is a significant improvement, while others are a little more cautious in their praise, warning that it's not guaranteed to lead to more successful teachers.

"It's a big shift that the whole country is going through," said Misty Sato, a University of Minnesota education professor who is helping adapt the assessments for Minnesota.

Minnesota is scheduled to be the first state to adopt the new system when it implements it in 2012. Four other states — Massachusetts, Ohio, Tennessee and Washington — plan to implement it within five years. Fourteen more states are running pilots.

CHRIS WILLIAMS (AP)

\$7K The price of a handwritten note from President Obama to Jennifer Cline sold to an autograph collector. The Detroit woman wrote a three-page letter to Obama detailing her family's job losses and medical battles. In January, he responded on White House stationery. The money will go toward bills and a home down payment. AP

LIPOSUCTION-TUMMYTUCK.com SPECIAL FINDS 200% OFF

0 Down Financing
Government and Military
discounts available
No credit check
guaranteed financing

Before After

vila
202.452.1332 24th & I St. NW • 301.738.6766 • 703.533.1025 • www.vilasurgical.com

Sign up for COMEDIA DELL'ARTE WORKSHOP with ANTONIO FAVA (founder of the International School of the Comic Actor in Reggio Emilia, Italy) at DCJCC, Home of Theater J (1529 16th Street NW, Washington DC 20036) from Nov.29 to Dec.3, 2010. For more info, contact: Commediabyfavaindc@yahoo.com



Take the road to good health

Are you ready to take off the weight — once and for all?

Losing weight and keeping it off is difficult — especially when you try to do it alone. But now you don't have to.

If you're ready to take control of your weight, then you're ready to enroll in the APWU High Option Health Plan!

The APWU Health Plan's High Option is another great way to take better control of your health.

By accessing CIGNA's PPO network, the APWU Health Plan's High Option offers a unique benefit program with considerable cost savings when in-network services are used. As a member, you receive:

- Diabetes Management Program that includes \$0 copays for in-network office visits, lab tests and generic medications through Medco by Mail; and \$0 coinsurance for insulin pump and supplies in-network.
- Hypertension Management Program with \$0 copays for in-network office visits, lab tests and generic medications through Medco by Mail.
- 100% coverage for in-network preventive screenings, including mammograms, total blood cholesterol screenings, Pap tests and more.
- 100% coverage for children's preventive physical exams, lab work and immunizations.
- Smoking cessation and weight management programs.
- No exclusions for pre-existing conditions.
- A CIGNA network of more than 1 million health care professionals — so chances are your current doctor is in our network. Check to see if your doctor is in the network by calling 866.284.6823 beginning November 8 between the hours of 8 a.m. and 9 p.m. or check anytime on www.apwuhp.com.

APWU Health Plan's High Option is open to all Federal Employees. Take advantage of Open Season and choose APWU Health Plan's High Option!

If you're ready to take action, the APWU High Option Health Plan is ready to help. It's your move.



"CIGNA" and the "Tree of Life" logo are registered service marks of CIGNA Intellectual Property, Inc., licensed for use by CIGNA Corporation and its operating subsidiaries. All products and services such as PPO are provided exclusively by such operating subsidiaries and not by CIGNA Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company (CGLIC), CIGNA Health and Life Insurance Company (CHLIC), and HMO or service company subsidiaries of CIGNA Health Corporation and CIGNA Dental Health, Inc. In Arizona, HMO plans are offered by CIGNA HealthCare of Arizona, Inc. In California, HMO plans are offered by CIGNA HealthCare of California, Inc. In Connecticut, HMO plans are offered by CIGNA HealthCare of Connecticut, Inc. In North Carolina, HMO plans are offered by CIGNA HealthCare of North Carolina, Inc. All other medical plans in these states are insured or administered by CGLIC or CHLIC. All models are used for illustrative purposes only.

839367 10/10 ©2010 CIGNA. Some content provided under license.



America's Largest
4G Network™ is here.
Let the video
chatting begin.



Introducing the new
myTouch 4G

Video chat with friends and
family from just about anywhere,
no Wi-Fi required.

America's
Largest
Network™
4G

Call 1-800-TMOBILE | Go to your local T-Mobile® Store | Visit t-mobile.com

T-Mobile's 4G network, HSPA+, operates at today's 4G speeds; not available everywhere. Use of video chat service requires a qualifying data plan. Device and screen images simulated. **Coverage:** Service and coverage not available everywhere. **Abnormal Usage:** Service may be limited or terminated for misuse, abnormal usage or significant roaming. See store and **Terms and Conditions (including arbitration provision)** at www.t-mobile.com for additional information. T-Mobile and the magenta color are registered trademarks of Deutsche Telekom AG. myTouch is a registered trademark and America's Largest 4G Network is a trademark of T-Mobile USA, Inc. All rights reserved. © 2010 T-Mobile USA, Inc.

In Brief

TOKYO

As Tensions Rise, Japan Pulls Moscow Diplomat

Japan recalled its ambassador from Moscow on Tuesday but left the door open for a summit despite growing anger in Tokyo about Russian President Dmitry Medvedev's visit on Monday to a contested island off Japan's coast. The island dispute has held up a peace treaty between the two powers. (AP)

LONDON

Britain, France Commit To Shared Defense Plan

Britain and France struck a defense deal Tuesday aimed at preserving military muscle in an age of austerity, pledging to deploy troops under a single command, share aircraft carriers and collaborate on nuclear programs. British Prime Minister David Cameron and French President Nicolas Sarkozy said the two nations crafted plans to work closely for the next 50 years. (AP)

SEOUL, SOUTH KOREA

N. Korea Again Denies Role in Ship's Sinking

North Korea issued a lengthy denial Tuesday that it torpedoed a South Korean warship, days after talks with the U.S.-led U.N. Command over the sinking. An international probe concluded that a North Korean submarine sank the Cheonan in March, killing 46 sailors. (AP)

Athens Parcel Bombs Multiply

Targets in mail plot include 8 embassies, German chancellor

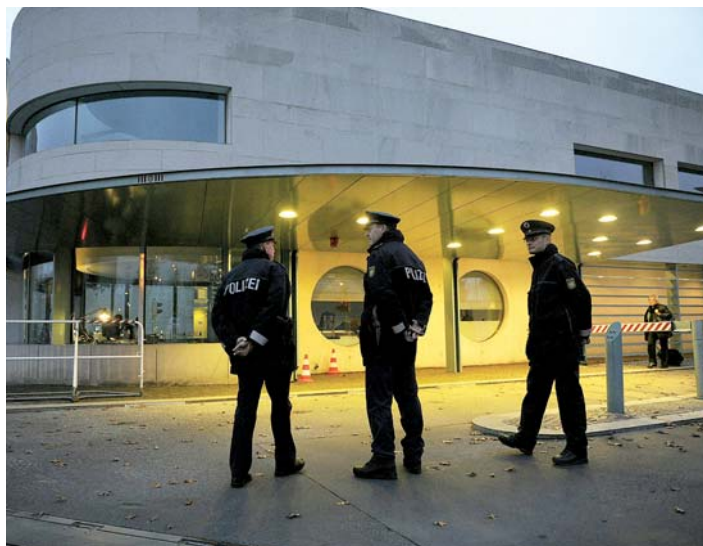
Athens, Greece

Suspected Greek terrorists unleashed an unprecedented two-day wave of mail bombs targeting embassies in Athens, international organizations and foreign leaders, with devices exploding at two embassies Tuesday — the Russian and the Swiss — and German authorities destroying a bomb sent to German Chancellor Angela Merkel.

By Tuesday evening, at least 11 mail bombs had been detected in the Greek capital, including one addressed to French President Nicolas Sarkozy. Two more were destroyed in controlled explosions at the Athens airport — one addressed to the European Union's highest court in Luxembourg and the other to the law enforcement agency Europol in the Netherlands.

Domestic Greek terrorist groups are suspected. If that is confirmed, it would mark a dramatic escalation for organizations that have never before attempted to strike targets abroad. Security at all embassies in Athens has been increased.

The campaign used small devices that caused only one injury and



Police stand guard on Tuesday in Berlin near Chancellor Angela Merkel's office, where a mail bomb arrived from Greece and was disarmed by explosives experts.

Meanwhile ...

On Tuesday, the head of the International Air Transport Association urged governments and the airline industry to develop and employ effective equipment to screen airborne freight. Currently, airports rely on dogs, trace detection and visual inspections to check most air cargo containers because opening them would hamper the movement of the goods. (AP)

minimal damage. But it highlights the difficulty of keeping bombs out of the international delivery system — also a target of Yemen-based militants armed with more powerful and potentially deadly explosives.

No connection has been made

to the mail bombs from Yemen that were found on aircraft in Britain and Dubai, and Greek authorities are focusing on domestic groups.

The attacks began Monday when a mail bomb addressed to the Mexican Embassy exploded at a delivery service in central Athens,

11

The number of mail bombs located in Athens as of Tuesday. The embassies of Bulgaria, Russia, Germany, Switzerland, Mexico, Chile, the Netherlands and Belgium were among the intended recipients. (AP)

lightly wounding one worker.

Police arrested two men in their 20s shortly after the blast. They were charged with terrorism-related offenses Tuesday.

The government condemned the attacks, vowing to catch the culprits.

The country is in the midst of a debt crisis and avoided bankruptcy in May only after securing billions of euros in emergency loans from its European partners — led by Germany — and the International Monetary Fund. In exchange, the government made painful spending cuts, slashing pensions and salaries and increasing taxes.

The cuts have led to a backlash of anger from workers.

Radical groups have long been active in Greece. After a few years of relative quiet, such groups stepped up attacks after riots that hit Greek cities in December 2008, sparked by the police shooting of a teenager in Athens. Four people have been killed since 2009. (AP)

USE IT ↔ LOSE IT**10% OFF with this ad**

Your Dental Benefits Expire at Year-End. Use It on YOUR SMILE

\$350 Off Invisalign, Braces or Implants **\$300 Off Crowns, or Veneers** **FREE Consultation**

FREE WHITENING FOR NEW PATIENTS!

invisalign

LUMINEERS[®]
BY CERINATE[®]

Dr. Kumra, DDS • Dr. Margarita, DDS

ROSSLYN
DENTAL CENTER
703-807-0808

1800 N. Kent St. #100 • Arlington, VA 22209
www.rosslyndentalcenter.com



EYE STREET
DENTAL CENTER
202-223-3536

1712 Eye St. #812 • Washington, DC 20006
www.eyestreetdentalcenter.com



before



after

FOX SCHOOL OF BUSINESS | Temple University in Philadelphia, PA

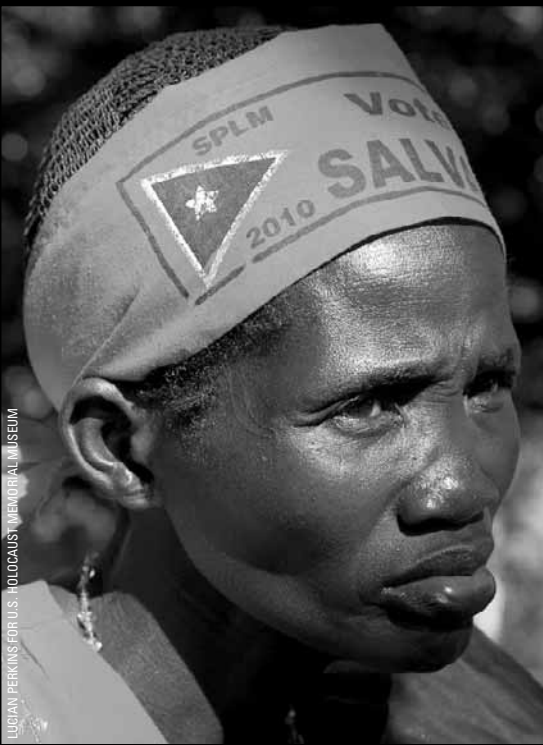
Earn your MBA in One Year!



- Learn more about the International MBA Program at Temple University's Fox School of Business
- Study options in France or India and in the United States, Japan, and China
- Scholarships available and class sizes are limited
- Contact **215.204.5890** or **www.fox.temple.edu/imba** for more information

Full-time, Part-time, Executive and Online MBA programs are also available.

Fox School of Business
TEMPLE UNIVERSITY®



OUR WALLS BEAR WITNESS:

SUDAN AT THE CROSSROADS

Special Nighttime Exhibition
November 8-10, 5-10:30 p.m.

Please join us for a look into the faces of Sudan as we project building-size photos onto the Museum's exterior walls on 15th Street. Taken by Pulitzer Prize-winning photographer Lucian Perkins on a recent Museum-sponsored trip, these indelible images bear witness to the very real lives at stake as South Sudan prepares for a referendum on its independence and beyond.

Opening Ceremony, November 8, at 6:30 p.m. Andrew Natsios, former U.S. Special Envoy to Sudan and a participant in the Museum-sponsored trip, will speak alongside a Holocaust survivor and Sudanese community leaders and activists. Reservations are requested; e-mail genocideprevention@ushmm.org or call 202.314.1768.

This exhibition is produced by the Museum in association with Fotoweeek DC.

100 Raoul Wallenberg Place, SW Washington, DC 20024-2126

UNITED STATES
HOLOCAUST
MEMORIAL
MUSEUM ushmm.org

Adapt you. "Personal Tech" can give you cool and useful tools. **Mondays.**

express
A publication of The Washington Post

XX170 3x.5

World

Yemen Charges Cleric in Absentia

Country begins trial of key radical sought in U.S. terror plots

San'a, Yemen

Faced with mounting U.S. pressure to do more in the fight against al-Qaeda after the thwarted mail bombs plot, Yemen on Tuesday made the surprise move of putting on trial a fugitive U.S.-born radical Islamic cleric wanted for his part in terror attacks on American soil.

The move is largely symbolic, as Anwar al-Awlaki is being tried in absentia, but it was Yemen's first formal legal action against al-Awlaki and appeared to be an attempt to show its U.S. allies that it takes the cleric as a serious threat.

U.S. officials have said they would like to prosecute al-Awlaki on American soil. However, Yemeni officials have said that as a Yemeni citizen, al-Awlaki must be prosecuted there.

The charges were announced as part of the trial against Hisham Assem, 19, who has been accused of killing a Frenchman in an Oct. 6

Backstory



Anwar al-Awlaki, 39, was born in New Mexico and is believed to be living in a mountainous region of Yemen.

U.S. investigators say e-mails link him to last year's shooting at the Fort Hood, Texas, military base. Investigators also say he was involved in the attempted airliner bombing over Detroit and the failed bombing in New York's Times Square in May. Al-Awlaki's sermons have inspired a number of Western-born militants, and the U.S. has him on a list of militants it wants killed or captured. (AP)

attack at an oil firm compound.

Assem was present in court, but al-Awlaki and a third suspect, his cousin Osman al-Awlaki, were absent.

The proceedings were adjourned until Saturday to give prosecutors time to publish an announcement notifying al-Awlaki and the third suspect of the charges against them, and to assign a lawyer for Assem. AHMED AL-HAJ (AP)

185 The weight, in carats, of a white diamond found in the Letseng mine in Lesotho, according to a statement released Tuesday. In comparison, the Hope Diamond, at D.C.'s National Museum of Natural History, is 45.52 carats, about the size of a walnut. The discovery in Lesotho, a kingdom surrounded by South Africa, was made in October. (AP)



Frank Sanya
Short Sale Specialist
(301) 656-1222
(703) 893-0505

RE/MAX
2000 REALTORS
Each office independently owned & operated.
(301) 881-1700 (O)
Equal Housing Opportunity

Sell Your House for Less Than You Owe!

Are you worried about making your mortgage payment?
Are you already a month or two behind?

Do you have to sell your house but owe more than it is worth?

CALL ME TODAY AND LEARN HOW YOU CAN:

- Sell your house for less than you owe, and get the lender to release you from any further liability.
- Limit the amount of bad marks on your credit.
- Live in your home **PAYMENT-FREE** until it sells!

CALL ME NOW: (301) 656-1222/(703) 893-0505
or VISIT: www.LenderRelease.com

Rash of Bombings Rock Baghdad

At least 76 are killed in attacks targeting city's Shiite residents

Baghdad

Rapid-fire bombings and mortar strikes killed 76 people and wounded nearly 200 across Baghdad's mostly Shiite neighborhoods on Tuesday, calling into question the ability of Iraqi security forces to protect the capital.

The blasts — at least 13 separate attacks — came just two days after gunmen in Baghdad held a Christian congregation hostage in a siege that ended with 58 people dead.

The bombings began at about 6:15 p.m. and involved booby-trapped cars, roadside bombs and mortar strikes. The attacks appeared to be directed mostly at the city's majority Shiite popula-



Mourners gather Tuesday in Baghdad for the funerals of Christians killed Sunday.

tion, though some blasts occurred in Sunni neighborhoods, too.

The deadliest blast happened when a parked car bomb exploded near a popular market in the Sadr City slum in eastern Baghdad, home to roughly 2 million Shiites. That attack killed 15 people and wounded 23, officials said.

Earlier Tuesday, hundreds of grieving Christians and other Iraqis packed a funeral service for members of the faith killed in Sunday's militant siege on a Baghdad church. A group linked to al-Qaeda has claimed credit for that attack, which also left dozens wounded. (AP)

REALIZE YOUR POTENTIAL GUIDE ORGANIZATION CHANGE

Earn a Master's Degree in Organization Development in just one weekend a month.

- World-class scholar-practitioner faculty • Client-focused, diversity-conscious OD • International Residency • International network of 1,300+ alums

Meet faculty and current students at an Information Session

Saturday, November 6, at Noon

Clyde's of Gallery Place (lunch provided), 707 7th St., NW, Washington DC

Metro: Red, Yellow, and Green lines at Chinatown/Gallery Place

RSVP: sferrino@american.edu or 202-885-6206.

american.edu/auntl



ANTL
INSTITUTE

EO/AA



BEHIND THESE GREAT WALLS You'll Join the Company of Great Minds

GEORGETOWN'S MCDONOUGH SCHOOL OF BUSINESS offers three globally focused executive degree programs that provide an unparalleled opportunity for working professionals to benefit from the excellence of Georgetown's acclaimed faculty.

Executive MBA Program

An 18-month accelerated MBA program designed to give professionals the tools to compete in today's global economy.

Georgetown-ESADE Global Executive MBA

Takes the study of global management beyond the classroom through a series of intensive modules around the world.

Executive Master's in Leadership

The only master's degree in leadership offered by a major business school.

Evening Information Session Tuesday, November 9 | 6:30 p.m.

Georgetown University, McDonough School of Business
37th & O Streets, NW | Washington, DC 20037

(Free Shuttle From the Dupont Circle and Rosslyn Metro Stops)

To RSVP, click the tag below or visit

GeorgetownMeansBusiness.com/executive

GEORGETOWN
UNIVERSITY
McDonough
SCHOOL of BUSINESS

Metro Anticipates '12 Deficit

Transit agency to have \$89M operating gap for next budget year

Metro is anticipating that it will have an \$89 million deficit in its operating budget for fiscal year 2012. That's the agency's next budget year, which begins July 1, 2011.

The news was first reported on the Greater Greater Washington blog by David Alpert and Michael Perkins.

The information is detailed in an item scheduled to be considered by Metro's finance and administration committee on Thursday. The general manager presents a budget proposal for the coming fiscal year to the board in January, and Metro staff is seeking guidance on the budgeting process.

The budget also allows for a



Grace Littleton makes a purchase on the first day of the latest fare hike, on Aug. 3.

3 percent raise Metro is required to give its front-line employees after an arbitrator's decision last year.

Metro faced a \$190 million budget deficit for the current fiscal year, which led to the most

expansive fare increase in the agency's history this summer. The fare hikes covered \$109 million of the shortfall in the agency's \$1.46 billion operating budget. For fiscal 2012 the budget would grow to \$1.53 billion.

Metro officials have blamed declining ridership and falling revenues on the economy, with unemployed people not needing to use public transit to commute. Metro officials reported last month that bus ridership for the first two months of the fiscal year that began in July has fallen by 9 percent.

The bus boarding charge went up 20 percent, from \$1.25 to \$1.50, for SmarTrip users and 26 percent, from \$1.35 to \$1.70, for cash customers. Rail ridership is slightly higher than a year ago, according to Metro data.

Board member Jim Graham told The Post's Ann Scott Tyson last month that Metro is running out of options. "I shudder at what we are going to have to do, because our options are fewer and fewer and more and more unattractive and negative in impact," he said. (THE WASHINGTON POST)

METRO PULSE

Which Metro station name would you change and why?



"Anacostia because I'm from Texas and it's so hard to pronounce. Maybe we could change it to 'The Dallas Cowboys.'"

Cherly Beasley
BRANCH AVENUE

BE HEARD: JOIN THE DC RIDER COMMENT
STREAM AT EXPRESSNIGHTOUT.COM

Do you have problems sleeping?

When trying to sleep do you have:

- Discomfort or pain in your legs, which worsens when resting
- A strong urge to move your legs for relief
- Itching, creepy-crawly feeling, pulling or tugging inside your legs

You may also have Restless Legs Syndrome, or RLS.

A research study is being conducted to evaluate an investigational medication for sleep disturbances associated with Restless Legs Syndrome, or RLS.

Qualified participants will receive free study-related exams and study medication.

Call today to see if you may qualify:

1-888-651-3959

www.RLSSleep.com

Healthy Volunteers 21 - 45 Years Old Needed!



The National Institute of Mental Health at the National Institutes of Health in Bethesda, MD is conducting an outpatient research study exploring the effects of hormones on mild stress.

The study requires 3 outpatient visits lasting 3 to 4 hours each. Volunteers will be interviewed and will complete a series of tasks in which physiological functioning will be recorded. Volunteers will receive either a hormone or saline, both given as a nasal spray, and then be exposed to stimuli that may cause mild anxiety.

For more information please call:

1-800-411-1222
TTY: 1-866-411-1010

Se habla español
<http://clinicaltrials.gov>

Refer to study
02-M-0263



The National Institute of Mental Health
National Institutes of Health
Department of Health and Human Services

You may be eligible to participate, if you:

- are 21 to 45 years old
- are not taking any medications that affect the nervous system
- are in good physical and mental health

You may not be eligible to participate, if you:

- have a medical illness, psychiatric or neurological disorder
- have problems with your wrists or hands
- are pregnant or breastfeeding

Location of study:

- Study is conducted in Bethesda, Maryland, accessible by metro via the Red Line (Medical Center stop).

All study-related tests and medications are provided at no cost.

Participants are compensated.

the Capitol Dish
Served to you by: *The Washington Post*
Today's Deal

AMERICAN TAP ROOM
\$25 for \$50
Locations in VA & MD
Buy at:
expressnightout.com/thecapitoldish

Save
50%

XXD501 2x1

Weak Voter Turnout in Md., D.C.

Va. poll attendance strong; no machine problems reported

Washington

Voters lined up in polling places Tuesday in the battlefield state of Virginia, while turnout was noticeably lower in Maryland and the District, where many people took advantage of early voting.

The sun shone brightly and the crisp autumn air grew softer as morning turned into afternoon, on a picture-book Election Day in which national issues often trumped local issues.

In the District, all the city's 143 polls opened on time, a stark contrast to the Sept. 14 primary, when problems with new voting machines caused delays in opening a handful of precincts.



Sixth-graders Charlotte Beckford, left, and Sai Sreenivasan, both 11, volunteered to work the polls at the Agricultural History Farm Park in Derwood, Md., Tuesday.

Political analysts were closely monitoring voting trends in Virginia and Maryland, two states with tight races that will help determine control of the U.S. House of Representatives. In Maryland's 1st Congressional District, voters were

bombarded by ads in a close and bitter contest between freshman Rep. Frank M. Kratovil Jr., a Democrat, and state Sen. Andrew P. Harris, a Republican. And in Virginia's 11th Congressional District, incumbent U.S. Rep. Gerald E. Connolly, a

Democrat, was trying to avoid getting swept away in a national GOP wave, as he faced Republican businessman Keith Fimian.

Several elections officials in Maryland and the District said they were dismayed at the low voter turnout. Both jurisdictions offered early voting this year, and many voters appeared to have taken advantage of it and cast their ballots before Election Day.

John O'Master, a Prince George's elections judge for 30 years, said turnout at High Point High School in Beltsville on Tuesday morning was lower than he expected, even for a midterm election.

"I was surprised," O'Master said. "I expected it to be busier for a pretty contentious election. I expected people to come out and vote with fire in their eyes. So far that hasn't happened."

(THE WASHINGTON POST)

Va. Coast Guard Recruit Station Is Fired Upon

Woodbridge, Va.

Prince William County police say shots were fired Monday night at a Coast Guard recruiting station in Woodbridge.

Police say they are investigating multiple bullet holes at the building on Potomac Mills Circle.

Sgt. Kim Chinn, spokeswoman for the Prince William County Police Department, said Tuesday it appears the shooting occurred overnight.

No injuries have been reported. It was not immediately known whether this incident is related to other recent shootings at military-related establishments.

"We don't know if it's related to the others until we get ballistics results," Chinn said Tuesday morning. (AP/THE WASHINGTON POST)

Times Sold to Former Executives

Washington

A group of fired Washington Times executives, led by the paper's founder and Unification Church patriarch the Rev. Sun Myung Moon, has purchased the 28-year-old conservative newspaper from Moon's eldest son, saving it from a shutdown, according to a Times source.

Just four years ago, Moon had handed control of the paper to his eldest living son, Preston Moon, but now the church movement's leader and his team of executives

are buying it back, in a deal meant to save the chief symbol of Moon's political legacy.

Members of the Times newsroom met on Tuesday to discuss the sale, which was first reported by Politico.

This summer, the newspaper's executives agreed to sell the broadsheet for \$1 and the assumption of millions of dollars in debt and liabilities, but have spent the last two months jostling over the sale's terms.

(THE WASHINGTON POST)

The federal government is going green and you can
MAKE A DIFFERENCE



Where Government Professionals Find Green Solutions

- 100 exhibits
- Eco-friendly cars
- Sessions on energy, facilities, conservation, transportation

- Plenary Session by DoD, EPA, GSA and DoS



• Robert F. Kennedy, Jr., Keynote

Register at www.GOVgreen.org/exp10

Tuesday, November 9 – Wednesday, November 10, 2010
Washington Convention Center



FREE TO GOVERNMENT AND MILITARY PROFESSIONALS
CONTRACTORS AND CONSULTANTS WELCOME

The Lotteries

Tuesday, Nov. 2

District

Mid-day Lucky Numbers 0-3-7
Evening Lucky Numbers (Mon.) 2-8-8
Mid-day DC 4 (Mon.) 6-5-2-3
Evening DC 4 (Mon.) 1-5-9-3
Mid-day D.C. Five 3-2-2-8-5
Evening D.C. Five (Mon.) 4-5-8-6-7
Daily 6 (Mon.) 2-12-13-16-27-32 (36)

Winning numbers are official only when validated at a lottery claim location. Drawings that occur after Express' deadline will be published two days later.

Maryland

Mid-day Pick 3 4-3-3
Evening Pick 3 (Mon.) 6-1-3
Mid-day Pick 4 1-3-8-0
Evening Pick 4 (Mon.) 2-1-7-4
Match 5 (Mon.) 15-16-22-24-26 (36)

Virginia

Mid-day Pick 3 8-0-4
Evening Pick 3 (Mon.) 7-9-2
Mid-day Pick 4 2-8-8-7
Evening Pick 4 (Mon.) 9-3-6-4
Mid-day Cash 5 (Tues.) 4-12-14-23-34
Evening Cash 5 (Mon.) 3-16-22-32-33



Presented by **Walmart** 



= 1 DAY

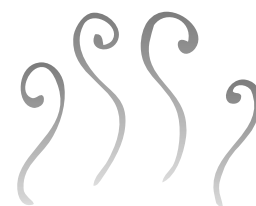


Order your Thanksgiving pies from Food & Friends. Each pie you purchase will provide one day of nutritious, life-sustaining meals for a child or adult battling HIV/AIDS, cancer or another life-challenging illness. Don't miss your chance to ***Deliver Hope, One Pie at a Time!***

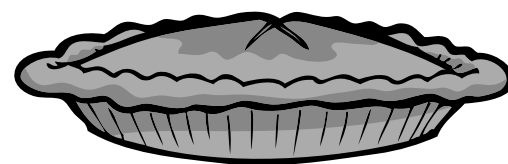
SALES CLOSE THURSDAY, NOVEMBER 18TH

Buy Now!

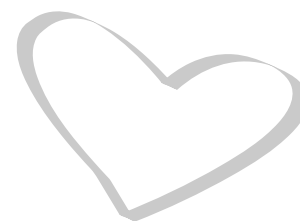
- 1** Visit www.foodandfriends.org/pie and Click "BUY PIE!"
- 2** Select from 5 Delicious Flavors
- 3** Order an Extra Pie for a Food & Friends Client. We'll Take Care of the Delivery.
- 4** Choose a CVS Pick-Up Location
- 5** Pick Up Your Pie on Tuesday, November 23rd and Enjoy!



Harvest Apple Crumb
Picture Perfect Pumpkin
Oh So Sweet Potato
Southern Pecan
US Airways Sky Pie



FOOD & FRIENDS®



www.foodandfriends.org

(202) 269-6826



The midterm election year.

Who'll be doing the blaming:

Democratic consultants, academics.

The argument: Many political analysts say Democrats won a lot of seats in conservative districts and states in 2006 and 2008, and were bound to lose many of these after Democrats no longer had a Republican president to run against. In addition, recessions often hurt the party in power, and the Democrats can't win every election.

The flip side: All of these things are true. But it's hard to argue on television that you lost because of political science, so don't expect to hear that from too many Democrats. It might be particularly difficult to chalk a big loss up to the political environment.

The Democrats, particularly in Congress, moved too far to the left.

Who'll be doing the blaming: Conservative Blue Dogs Democrats, more centrist party strategists and pollster Douglas Schoen.

The argument: Essentially, Democrats moved too far, too fast. Instead of focusing on the economy, the party tried to reform health care, which alienated independents and galvanized the GOP. Democrats pushed controversial bills on immigration and restricting greenhouse gas emissions. "Voters are hardly enthralled with the GOP, but the Democrats are pursuing policies that are out of step with the way ordinary Americans think and feel," Schoen and Patrick Caddell, a one-time pollster for President Jimmy Carter, wrote in March. "Barring some change of approach, they will be punished severely at the polls."

The flip side: Democrats didn't get elected to win more elections but to govern. The health care bill accomplished a major goal Democrats have been talking about for decades. And as many Democrats have argued, GOP opposition was likely no matter what they did: The health care bill contained many ideas first proposed by Republicans, and the stimulus was full of tax cuts, but nearly every Republican voted against both.

washingtonpost.com

Polls closed after Express' press deadline. For a breakdown of who won, who lost and what it all means, see washingtonpost.com/politics.

WHOSE FAULT WAS IT?

With Democrats holding fewer seats in Congress after Tuesday's midterm elections, the days ahead won't feature a lot of fond farewells to defeated members and a pledge to cooperate with the Republican Party. Instead, many Democrats will be angry, and they'll be pointing fingers beyond the GOP during the coming blame game.

Obama and the White House

Who'll be doing the blaming: Some Democrats in Congress, regular Obama critics such as Democratic Pennsylvania Gov. Edward G. Rendell.

The argument: The team that ran an impressive 2008 campaign forgot how to communicate when it started governing. Some Democrats say the party needed a Bill Clinton-style, feel-your-pain president to connect with voters in recession. Instead, Obama never connected with the electorate.

"B-plus, A-minus on substantive accomplishments," Rendell said of the White House in a recent New York Times Magazine article on Obama's two years, "and a D-plus or C-minus on communication."

The flip side: Obama traveled extensively during the campaign, attending rallies and holding backyard events to reach out to voters. His missteps in communicating can only partly explain why a large portion of the electorate hasn't warmed to Democratic policies.



The Republicans

Who'll be doing the blaming: Liberal Democrats in Congress and the White House.

The argument: Some Democrats, including House Speaker Nancy Pelosi, D-Calif., have been attacking Republican outside groups for weeks, arguing that they were effectively buying the election with an avalanche of money from outside groups. Some liberals argue voters are punishing them for a bad economy that was caused by GOP policies. If Republicans hadn't blocked a larger stimulus program, they say, things would have turned around quicker.

The flip side: To get the stimulus passed, the Democrats shrank it. The Republicans have blocked nearly all the bills the Democrats have pushed to improve the economy. That said, Pelosi's notion that conservative groups somehow stole the election is simplistic. The GOP has had momentum for more than a year, longer than some of the new conservative groups have even been in existence. And Democrats benefited from huge cash infusions from labor and other liberal-leaning interests. Blaming the Republicans entirely excludes what turned off many independent voters: the health-care bill and the process by which it was passed.

The party was too cautious.

Who'll be doing the blaming: Liberal activists, a few liberals in Congress, MSNBC talking heads, "Daily Show"

host Jon Stewart.

The argument: The Democrats would be in a better position if they had taken more populist stands, pushing for the "public option" in health care, requiring the breakup of big banks in the financial regulation bill and never trying to negotiate with the Republicans on any legislation.

The flip side: The Democrats accomplished more in the past two years than any Congress in recent memory. The financial regulatory bill, the stimulus and the health care legislation were full of notable changes, many of them long championed by liberals. (AP)



Schoen

THE

COMPASSION OF INDIVIDUALS **P****WER** OF COMMUNITY

**I CARE
CFC**

Each donor can make a difference

**“If you find it in your heart to care for somebody else,
you will have succeeded.”**

Maya Angelou

**As Federal workers, we create a powerful caring community
that makes a difference in our neighborhoods, across the
nation and around the world.**

**Show your care through your pledge card at work or online
at www.cfcnca.org**

**Combined Federal Campaign
of the National Capital Area**



www.cfcnca.org

Complete Thanksgiving Dinner for \$2.05

No one should go hungry on Thanksgiving — especially when it costs so little to serve a complete meal to a hungry and homeless person.

And a hot meal is often the first step in dealing with the problems of the homeless.

So please help feed and care for our hungry and homeless neighbors.



**SERVING THE NEEDY
SINCE 1906**

YES, I want to help feed the hungry and homeless this Thanksgiving season — as a first step to a new life. Here is my gift of: ☐ \$16.40 ☐ \$26.65 ☐ \$53.30 ☐ \$102.50 ☐ \$205 ☐ \$_____

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

☐ Check enclosed ☐ I'd like to pay by credit card Amount \$ _____

Card type _____ Exp. _____ Card number _____

My phone number: (_____) _____

Email address: _____

Gospel Rescue Ministries

810 5th Street NW

Washington, DC 20001

www.grm.org

XSA16 CFC#18948

THANK YOU!
You will receive a receipt.

CLIP AND MAIL WITH YOUR TAX-DEDUCTIBLE GIFT TODAY.

Give to Medical Research Charities and fund the science behind our wellbeing and being well.



Medical Research Charities and its member charities are committed to bringing lifesaving treatments to clinical application in our lifetime. Learn more about MRC and its members at www.medicalresearchcharities.org.

10899 Medical Research Charities
11357 AIDS Community Research Initiative of America
12134 AIDS Research Alliance of America
11717 Alpha-1 Foundation
10581 American Academy for Cerebral Palsy and Developmental Medicine
11718 American Association of Diabetes Educators
Education & Research Foundation
10582 American College of Rheumatology Research and Education Foundation

48726 American Thoracic Society, Foundation of the
10583 Asthma and Allergy Foundation of America
10584 Breast Cancer Research Foundation, The
11865 Cancer Immunology Research Foundation
88538 Charley's Fund, Inc.
11359 Diabetes National Research Group
11721 Foundation Fighting Blindness
12118 Glaucoma Research Foundation
12168 Hope Heart Institute
10578 Interstitial Cystitis Association
11725 Leukemia Research Foundation

10883 Menopause & Women's Health Research Center
12135 Multiple Sclerosis National Research Institute
54977 National Brain Tumor Society
12120 National Eating Disorders Association
11334 Osteogenesis Imperfecta Foundation
10574 Prostate Cancer Foundation
11724 Sam Schmidt Paralysis Foundation
11722 The V Foundation
10575 United Leukodystrophy Foundation, The
42372 Uniting Against Lung Cancer



MEDICAL RESEARCH CHARITIES
Combining Forces. Finding Cures.



MRC and its member charities are proud participants in the Combined Federal Campaign.



***"We are grateful to everyone at Children's National.
We shudder to think what would have happened to
our daughter if we were not sent there."***

- Jennifer Moore, Federal Employee

Jennifer Moore's daughter, Amari, began receiving treatment at Children's National while in utero. She underwent open heart surgery at only six months old. The Moores are grateful to all the doctors, nurses and staff who helped care for Amari during that critical time. That's why they choose to donate to Children's National through the CFC every year.

Help support Children's National Medical Center, so it can support children like Amari.



Children's National
Medical Center®

CFC #65105 (Children's Hospital)

**In the next 24 hours,
4,385 new
cases of diabetes will be
diagnosed.**

That's more than 3 friends, neighbors, co-workers
or family members every minute of every day.

CFC # 77685



American Diabetes Association.

stopdiabetes.com • 1-800-DIABETES

DC Metro Office 202-331-8303



THIS YEAR. MORE THAN EVER.



CFC #11381

www.uso.org

**Cough.
Sneeze.
Wheeze.**

Click.

For 60 million Americans, asthma and allergies are
serious, chronic diseases. Now there's hope. Visit
www.aafa.org today to get free information about
research, prevention and treatment.



Asthma and Allergy
Foundation of America®

CFC #10583

for life without limits™

**"No other organization goes where EIA goes,
finds the proof that EIA finds, and uses that
proof as effectively."**

*-Caroline D. Gabel, President & CEO of The
Shared Earth Foundation*

**Environmental
Investigation Agency**

As Featured in *The New Yorker*
("The Stolen Forests" - October 6,
2008 issue)

CFC # 26610
www.eia-global.org

**You Can Make
a Difference**



Since 1984, using tenacious
advocacy backed by intelligence
from our investigations into some of
the biggest environmental abuses.

**Please make a tax-deductible
donation to EIA today and help:**

- Stop illegal and unsustainable
wildlife poaching and trade.
- Curb mass illegal logging of
forests.
- Phase out commercial "super"-
greenhouse gases.



Protecting Wildlife & Our Environment With Intelligence
(202) 483-6621



Make a measurable impact with a gift to the missions of **CSC** charities.



Christian Service Charities

Following the Great Commission

Christian Service Charities represents leading ministries who are transforming the world by following the Great Commission.

I know your deeds, your love and faith, your service and perseverance, and that you are now doing more than you did at first.

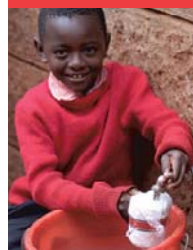
Revelation 2:19

CFC #10171

Christian Service Charities
(888) 728-2762
www.christianservicecharities.org



FAITH



A Child's Hope Fund

10978
A Child's Hope Fund
www.achildshopefund.org



12037
American Family Association
www.afa.net



45107
American Missionary Fellowship
www.amfmission.org



10524
Association of Christian Schools International
www.acsi.org



12039
Awana Clubs International
www.awanainternational.org



10982
Bible League International
www.BibleLeague.org



11727
Billy Graham Evangelistic Association
www.billygraham.org



11864
Blessings International
www.blessing.org



10528
Cadence International
www.cadence.org



10983
Care Net
www.care-net.org



10984
Children's Food Fund/ World Emergency Relief
www.worldemergencyrelief.org



11730
Children's Hunger Relief Fund
www.chrf.org



10536
Club Beyond/Military Community Youth Ministries
www.mcym.org



10522
Compassion International
www.compassion.com



10534
Focus on the Family
www.focusonthefamily.com



94744
Mercy Ships
www.mercyships.org



10989
Mission Aviation Fellowship
www.maf.org



21917
Missionary Athletes International
www.maisoccer.com



11087
Navigators, The
www.navigators.org



10531
Officers' Christian Fellowship
www.ocfusa.org



10530
Operation Blessing International Relief and Development Corp.
www.operationblessing.org



11272
Prison Fellowship
www.pfm.org



10993
Voice of the Martyrs
www.persecution.com



11117
World Vision
www.worldvision.org



11737
Wycliffe Bible Translators
www.wycliffe.org



99581

Designate WETA:
For you, your family and the community.

WETA Television and Classical WETA 90.9 FM recognize viewers' and listeners' intelligence, curiosity and interest in the world around them.



*PBS NewsHour • A Capitol Fourth • Masterpiece Classic • Masterpiece Mystery! • As Time Goes By
Martha Speaks & WordWorld on WETA Kids • Antiques Roadshow • The WETA Movie*

*Classical Music for Greater Washington • Classical WETA Opera House
Front Row Washington Featuring Local Concerts*



Individual contributors like you make great television and radio programs possible for everyone. Thank you for doing your part to support public broadcasting through CFC.

WETA • P.O. Box 96100, Washington, DC 20090-6100 www.weta.org

Photos: Jim Lehrer, courtesy MacNeill/Lehrer Productions; Martha Speaks, Tm© 2008 WGBH Educational Foundation; A Capitol Fourth, courtesy WETA.

**Be a Friend
and help save a life!**



Friends of Homeless Animals is a non-profit, no-kill shelter for cats and dogs. We rely on the support of donations and volunteers to continue our rescue efforts.



Please remember the animals and designate Friends of Homless Animals in your charitable giving this year.

CFC #83554

Friends of Homeless **Animals** www.foha.org



**RETURN THE
FAVOR**

Not for profit. Not for anyone but vets, their needs, their families. We all depend on them. They depend on each other.
And you. Thanks!

Donate at
vfwfoundation.org



We need them. They need you.

CFC #10511

**NATIONAL
AIDS FUND**

Community. Diversity. Philanthropy.



Every Life Matters, Every Dollar Counts

Donate today!
CFC # 11027

www.aidsfund.org/support

Blinded Veterans Helping Blinded Veterans



IRAQ • WWII • VIETNAM

Three generations of blinded veterans
at a recent BVA convention.

The Blinded Veterans Association (BVA) was established
in 1945 to promote the welfare of blinded veterans.

We are here to help veterans and their families
meet the challenges of blindness.

We are the only veterans service organization
exclusively dedicated to helping
blind and visually impaired veterans rebuild their lives.

BVA 800-669-7079
bva@bva.org

CFC
10513

ABANDONED.
HOMELESS.
ALONE.

Who will help her?



United Way **#8054**

Combined Federal Campaign **#83997**

With your support, Catholic Charities of the Archdiocese
of Washington's doors are open to meet families during a
crisis—be it in securing housing, avoiding foreclosure or
putting food on the table. We have 80 programs working
locally to address our community's most pressing human
needs—one family at a time.

Please support our mission through your workplace giving
campaign.



**Catholic
Charities**

Archdiocese of Washington

(202) 772-4394

924 G Street, NW

Washington, DC 20001

www.CatholicCharitiesDC.org

Every child deserves a safe childhood.

John Walsh
NCMEC Co-Founder
Host, America's Most Wanted

*We're committed to
making sure they get one.*

NATIONAL
CENTER FOR 
**MISSING &
EXPLOITED**
CHILDREN®

CFC# 11822

Go to www.missingkids.com to learn more
about how you can help keep kids safer.

BUILD THE DREAM: Countdown to Completion

DON'T WAIT . . .

This is your **LAST CHANCE** to donate through the CFC.
Dedication scheduled for August 2011.

PLEASE DONATE TODAY:



#39468

TEXT MLK to 20222

www.mlkmemorial.org



Washington, DC Martin Luther King, Jr.
National Memorial Project Foundation, Inc.





The Children's Defense Fund
Leave No Child Behind®
mission is to ensure every
child a *Healthy Start*,
a *Head Start*, a *Fair Start*,
a *Safe Start* and a *Moral Start*
in life and successful passage
to adulthood with the help
of caring families and
communities.

Phone: (877) 233-9025
CFC# 11812

Children's Defense Fund
www.childrensdefense.org



SAMARITAN'S PURSE®



Build a Neighborhood of Mercy

When Jesus was asked, "Who is my neighbor?" he answered with the story of the Good Samaritan, a man who went out of his way to show mercy to a stranger in need. At Samaritan's Purse, we're working to bring the hope of the Gospel to our neighbors in more than 100 countries. Let's change our global neighborhood together as we help victims of war, poverty, natural disasters, disease, and famine—all in the Name of Jesus. Join us by designating **CFC #10532** on your 2010 pledge card.



P.O. Box 3000, Boone, NC 28607 • www.samaritanspurse.org

CFC #10532



M2M
MENTORING TO MANHOOD

Help Us Develop Strong Young Men
Designate #56696
Combined Federal Campaign

Discipline | Self-Esteem | Love

Mentoring to Manhood (M2M) works with middle and high school African American boys to build character and self-esteem by:

- Providing tools and support that create academic achievement
- Facilitating positive thinking and actions
- Offering diverse learning opportunities and community-service environments

Designate CFC #56696 and become a partner with men who serve as positive role models. To find out more, visit www.m2m.org.



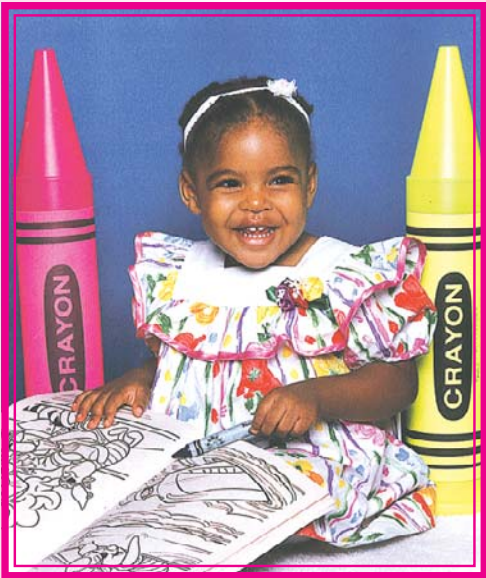
CFC #56696

M2M
MENTORING TO MANHOOD

Mentoring to Manhood | 2509 Lake Forest Drive Upper Marlboro, MD 20774 | 301-213-9463

Armstead-Barnhill Foundation
For Sickle Cell Anemia

CFC # 21800
United Way # 8249



Together, we *Will* ~~can~~ find a cure
Hotline#: 301-858-9020

Your donation supports sickle cell research
treatment facilities and public awareness campaigns
Email: findcure@aol.com Website: www.curesicklecell.com

The Good Shepherd Cat Sanctuary

"Hope for All Who Enter"

Animal Sanctuary

Adoption Services

Veterinary Care

Education

Spay/Neuter

CFC #74707
32600 Landing Lane
Delmar, MD 21875
(410) 860-2280

Our goals include continuing to act as a viable relocation facility for feral cats and kittens; to reintroduce adoptable cats and kittens into new or first time homes, and, because we are a *no kill* facility our Sanctuary serves as a permanent home for those who are not adoption candidates.

STRAIGHT HELP FOR GAY HEROES.

SAFEGUARDING AMERICA
IS EVERYONE'S JOB.

Until the military ban is lifted, do your part
by helping keep the only free, confidential,
legal hotline up and running.



Former Major Martin Chin
U.S. Air Force

WWW.SLDN.ORG

Servicemembers Legal Defense Network / CFC #12111



*"The Scholarship Foundation
has changed our lives. God bless
you and Semper Fidelis!"*

Scholarship Alumna Shannon Burton
Florida State University '09
Daughter of Lance Corporal Cynthia Burton (1986-1993)



CFC #11284

www.mcsf.org

CFC Organizations:

**If your ad were here, it could be seen today
by tens of thousands of federal employees.**

If your organization receives donations from Combined Federal
Campaign donors, make your appeal in Express.

Every week, one-third of federal workers in the area ride Metro,
the primary distribution point of Express. That means your
lifblood is riding, reading, and waiting to read your message
right here before they make their CFC pledge.

**Call Kathryn Whitener at 202-334-6171
or Jennifer Keegan at 202-334-7776
to place your message in Express.**

express

A publication of The Washington Post

In Brief



Adam Dunn, Willie Harris, Miguel Batista and Kevin Mench filed for free agency.

BASEBALL

Dunn, 3 Other Nationals File for Free Agency

Adam Dunn and three other Nationals officially filed for free agency Monday night. Because of a change this season to the Basic Agreement between the Players Association and the league, the exclusive negotiating rights for teams to sign their own free agents has been slashed from 15 days to five days. Along with Dunn, utility man Willie Harris, reliever Miguel Batista and outfielder Kevin Mench filed for free agency. (THE WASHINGTON POST)

PRO BASKETBALL

Asbestos Concerns Halt Knicks Game at MSG

The Orlando Magic-New York Knicks game at Madison Square Garden has been postponed because of safety concerns after debris fell into the arena during overnight cleaning of asbestos-related materials. In a statement, MSG says the debris fell during overnight maintenance as workers were cleaning asbestos-related materials in the attic above the ceiling after the New York Rangers' game. (AP)

BASEBALL

Brewers Hire Roenicke

A person with knowledge of the situation tells the AP the Milwaukee Brewers have hired Los Angeles Angels bench coach Ron Roenicke to be their new manager. The 54-year-old Roenicke has been a member of the Angels' coaching staff for the past 11 seasons, including the past five as bench coach. He replaces Ken Macha, who was fired after two disappointing seasons. (AP)

'Mo Bros' Hope for Growth

Capitals don mustaches to raise money for men's cancer awareness fund

The Capitals

Hockey and mustaches — a match made in sports heaven. Perhaps no other sport has the legendary facial hair history of the NHL.

Now, it's the current Caps' turn to make their mark in the mustache world.

On Nov. 1, John Erskine, John Carlson, Karl Alzner, Jason Chimera, Matt Hendricks and Jeff Schultz put down the razor to raise money and call attention to men's cancer awareness through the Movember Foundation.

"Last year we had some guys who did it," Erskine said. "I heard Chimera [Chimera] was going to do it this year. I decided to do it, too. It's for a great cause, and it's fun."

As part of the NHL's Hockey Fights Cancer month, the league provided each club with a \$10,000 charitable grant that teams could donate to a cancer organization of its choice.

The Capitals chose the Movember Foundation, a nonprofit group that runs the Movember campaign.

For the entire month of November Erskine and his "Mo Bros" will wear their mustaches to call attention men's cancer.

Money raised during Movember is split between the foundation's partners — the Prostate Cancer Foundation and the Lance Armstrong Foundation.

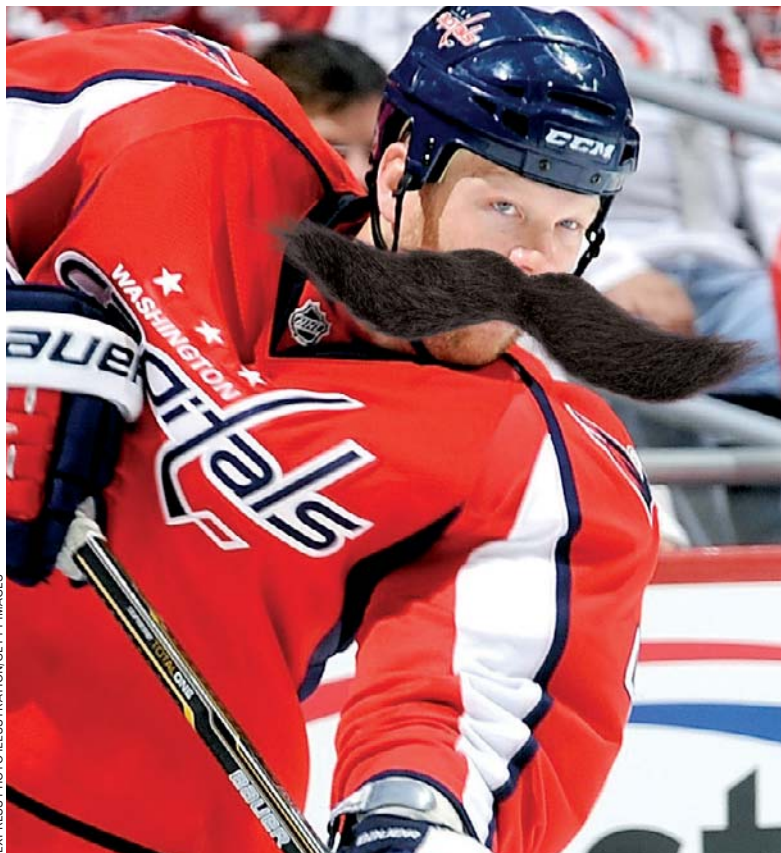
Last year more than 1 million donors raised \$42 million for Movember's partners.

Fans can donate to individual players' mustaches to cheer their facial hair on.

As of Nov. 2, the Capitals have raised \$4,074, and Erskine leads all Capitals with \$1,054 donated to his mustache.

Erskine said fans have been requesting photographs of his mustache, and some have even pledged to grow one along with him.

The movement even brought for-



Capitals defenseman John Erskine recruited teammates John Carlson, Jason Chimera, Karl Alzner, Matt Hendricks and Jeff Schultz to raise money for men's cancer awareness.



New Hardware

The NHL named Capitals goaltender Michal Neuvirth its rookie of the month for October. Neuvirth has started 10 of the Capitals' 11 games this season and boasts a 2.15 goals-against average and .926 save percentage, stopping 252 of the 272 shots he's faced so far this season. (THE WASHINGTON POST)

mer Capitals great Yvon Labre's mustache out of retirement.

Chimera, who is second on the team in money raised with \$1,040, joined the Movember movement as a tribute to personal friends who are bat-

ting cancer.

"I've gotten to know a lot of [cancer survivors] through hockey, through charities and the Children's Hospital," he said. "My grandpa died of prostate cancer, so it's a cause that definitely hits close to home."

Now Erskine and the Caps just have to deliver on their promise — mustaches worthy of NHL ice.

"Right now, I'm going with the handle bars," Erskine said.

When Movember ends, many of the players said their wives and girlfriends are hoping the mustaches will go come off.

Alzner said that he'd like to wear his mustache while wearing the Caps' 1974 jersey at the Winter Classic, but his girlfriend has the final say in that matter.

"That's the problem," he said. "As soon as December comes and she's out here, I don't think the mustache is going to fly." REED ALBERS

Best Caps 'Staches



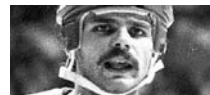
Yvon Labre: The first Capital to have his number retired and owner of one of the thickest mustaches in team history.



Rod Langway: The "Secretary of Defense" helped save a floundering franchise and sported one of the team's most iconic mustaches during his 11-seasons with the Caps.



Dennis Maruk: Wearer of a sweet fu-manchu 'stache, Maruk's best season as a Cap was in 1981-82, when he scored 136 points and 60 goals.



Mike Gartner: Bushier than Langway's but not as wild as Maruk's, the Caps' former all-time leader in goals, assists and points rounds out top mustaches in team history.



Bill Clement: He played in only 46 games for the Capitals, but his mustache stands out as being among the best in the NHL — and it's stood the test of time. R.A.

Sports



TONIL SANDY/TWP

JaMarcus Russell is a former No. 1 draft pick who was released by the Raiders in May.

Redskins Try Out JaMarcus Russell

Embattled ex-Raider is not the only QB team takes a look at

The Redskins

JaMarcus Russell, the embattled former quarterback in Oakland, was at Redskins Park Tuesday morning for a tryout with the Redskins.

After the Redskins' final practice before players scatter for the bye week, several football players took the field for tryouts, a regular Tuesday occurrence at facilities across the NFL. In Washington, Russell was among the group vying for a job. Offensive coordinator Kyle Shanahan told reporters that the team was working out a couple of other quarterbacks in addition to Russell.

It was not immediately clear the Redskins' exact level of interest in Russell, a former No. 1 overall draft pick who was released in

Meanwhile ...

When asked Tuesday in his weekly radio appearance on ESPN 980 about the chances he'll be back with the Redskins next season, Donovan McNabb said, "100 percent." But, McNabb qualified the estimate. "If I would've said 75 or 60, it would have been another big story," he said. (TWP)

May after three controversy-filled seasons with the Raiders. Coming just two days after coach Mike Shanahan benched Donovan McNabb in a loss at Detroit, the mere fact that Washington is looking at Russell will certainly spur discussion across the league.

The Redskins currently have three quarterbacks on their 53-man roster: McNabb, Rex Grossman and John Beck. Mike Shanahan said on Monday that he hoped all three would be back in Washington in 2011. **RICK MAESE** (THE WASHINGTON POST)

TV Lineup

COLLEGE FOOTBALL (7 P.M., ESPN)

The Rutgers Scarlet Knights travel to Tampa to face the South Florida Bulls in a battle of the third- and fifth-ranked teams in the Big East.

NBA BASKETBALL (8 P.M.,

10:30 P.M., ESPN) The Bucks travel to Boston to face the Celtics, and in the late game, the Lakers head upstate to tip off against the Kings.

"I REALIZED
a great cup
of coffee
can change
my day."



GreenMountainCoffee.com

Now you can get your inspiration almost anywhere great coffee is sold. Available in bags, or single-serve K-Cups for Keurig Brewers.

A REVELATION IN EVERY CUP®



AMERICAN UNIVERSITY
WASHINGTON, DC

What's KNOW spelled backwards?

When you know something backward and forward, and through and through, you're a wonk. It's a term Washington insiders use to describe their brightest experts, people who are focused on creating change—people like American University's students, faculty and staff. So don't be surprised if you hear us proclaiming our wonk status. It's not only what sets us apart, but it's why you should know us inside and out. Learn more at american.edu/wonk.

WONK

Sports

Renteria Back in Familiar World Series Territory

Major League Baseball

Edgar Renteria felt this joy before. So did Lou Gehrig, Joe DiMaggio and Yogi Berra.

Thirteen years removed from that memorable night in Miami, Renteria became only the fourth player in baseball history with two — count 'em, two — World Series-winning hits.

"Same emotions. Same feeling. It's unbelievable," he said Monday night after hitting a three-run homer in Game 5 to lift the Giants to their first World Series title since 1954. "It's unbelievable being in that situation."

Renteria was the unanimous pick for World Series MVP after San Francisco's 3-1 win over the Texas Rangers.

His bat quickly was snapped up by the Hall of Fame, possibly the last bat he'll use in a major league career that started back in 1996.

A five-time All-Star, Renteria might retire at 34 after three trips to the disabled list that limited him to a career-low 72 games. After getting the 11th-inning hit against



Edgar Renteria, right, holds the World Series trophy after the Giants' victory.

Cleveland that won the 1997 title for Florida and making the final out for St. Louis in Boston's first title since 1918, he stunned the Texas Rangers and their fans with his drive off Cliff Lee. Renteria hit .412 (7 for 17) with six RBI against the Rangers.

"Sat on the bench for four months of the year. Hits two clutch home runs," said Buster Posey, the Giants' 23-year-old rookie catcher, "and is going out a World Series champion." (AP)

Anxious and Depressed?

Consider participation in a research study

1-877-MIND-NIH

(1-877-646-3644)

email: moodresearch@mail.nih.gov

If you (or someone you know) have been diagnosed with major depression and have anxiety symptoms, you may be able to participate in an NIMH research study that seeks to decrease symptoms of depression and understand the causes of anxious depression. Anxiety symptoms may include tension, worry, apprehension, restlessness, or loss of appetite.

This study evaluates the effectiveness and safety of the study drug AZD2327, in the treatment of major depression and anxiety symptoms. This drug has a different mechanism of action from commonly used SSRIs (selective serotonin reuptake inhibitors) for anxiety and depression. *There is the chance of receiving placebo in this study.*

After study completion, NIMH will provide short-term follow-up care, and then you will return to the care of your own provider.

Participants should:

- Be ages 18-65
- Be diagnosed with major depression and have anxiety symptoms.
- Be able to participate in a 12-week outpatient study including an inpatient stay of 4 days at the NIH Clinical Center in Bethesda, MD.

In addition, all research participation is without cost.

- Monetary compensation for procedures.
- Transportation reimbursement provided.

(TTY: 1-866-411-1010)
<http://patientinfo.nimh.nih.gov>
www.clinicaltrials.gov

Atendemos pacientes de habla hispana.



National Institute of Mental Health

National Institutes of Health, Department of Health & Human Services
www.clinicaltrials.gov Protocol # 08-M-0196



Reach
over
300,000
readers
daily

express
marketplace

JOBS • RENTALS • HOUSES • WHEELS • STUFF • AND MUCH MORE...

SAVE 25%
by running
your ad
Mon. - Fri.

To place a classified, call
202-334-6200.

To advertise a job, call
202-334-4100.

Credit cards accepted.



AMERICAN
EXPRESS

XX367 1x10.5

JOBS

ACCOUNTING

Controller

GAPSI is seeking a Controller for Reston HQ. Handles daily accounting activities & manages dept of 7. Will prepare monthly financial statements & manage Deltek GCS. BS in Accounting/Finance; working knowledge of FAR and GCS a must.
Apply to: cporter@gapsi.com

AUTO TECHNICIAN

Herson's Honda has a rare opportunity for an experienced technician. Must have ASE certification. We offer an excellent benefits package.

Send resume to g.patterson@herson.com Do not send as attachment paste to body of email

Banking

TELLER

Small credit union located in NE DC has an opening for a full-time teller. The successful candidate will have the following: minimum 12 months previous cash handling experience, excellent written and verbal skills, attention to details, computer skills and enjoy dealing with the public. The schedule is 7:15-5:45, M, T, Th & F. No Wed. or weekends. Salary is commensurate with experience. Close to subway & bus stops. Mail resumes to: WPEFCU, Attn: HR, 900 Brentwood Road NE, Washington, DC 20066-9900. E-mail resumes to: info@wpecu.com.
ABSOLUTELY NO TELEPHONE CALLS

BUSINESS DEVELOPMENT

Program Director

Direct program in fulfilling inter-American program dev. initiatives to address poverty/drugs/corruption issues in Latin America; research & dev./manage project docs./ studies/reports on org. committees, conferences & training; direct & implement donor dev. projects; comm. w/gov. officials/experts/partner orgs. in Latin America. Utilize exp. in project mgmt. for inter-American orgs. incl. program dev./ training, budget/financial reports, donor program dev./ fundraising/bus. dev. & proposal writing, presentation of project initiatives & ops. strategies/mgmt. of training sessions & working groups. Job in DC for Trust for the Americas. Rqmts: MBA or related & 1 yr of related exp. (or Bach. deg. & 5 yrs. related exp.) or suitable combo. Travel req. CL & resume To: ICT4ddirector@gmail.com

CHILD CARE

TEACHER

Child care in Takoma Park/Silver Spring area. Exp, dynamic, energetic and goal oriented. Call **301-589-0613** or fax resume to: **301-270-8359**

DANCERS—Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed. Please send a text msg for info: **240-286-3660**.

DENTAL ASSISTANT Trainees NEEDED NOW!

Dental Offices now hiring. **No experience?** Job Training & Placement Assistance Available.
1-800-678-6350

GENERAL

ACCOUNT REPS

POSITIONS needing to be filled immediately for on-going project with VERIZON. No Exp. required. Willing to train the right people. Must Have Reliable Transportation Make \$700-\$900 weekly.
Call Paul **1-443-844-3394**

HAIR STYLIST, MASSAGE THERAPIST, ESTHETICIAN & RECEPTIONIST Exp'd. Upscale Salon in Central PG County. Fax resume **301-877-2020**

HOTEL



Alexandria Old Town

We are in search of

**Cocktail Servers
Bartenders**

www.alexandriahilton.com

Fax (703) 647-2027

Email: Robert.Rossi@hilton.com
1767 King St. Old Town Alexandria
Across from King St Metrorail Station
The Hilton Alexandria Old Town
is an Equal Opportunity/
Affirmative Action Employer (M/F/D/V).

Jobs Jobs Jobs

Up to \$800/week
FT/PT Positions Available
No Experience Necessary
Call us now: **301-685-1110**

JOBS

President



The Board of Norfolk State University announces the search for a President. Nominations and expressions of interest should be forwarded to:

ELHAMM/NSUSEARCH Search Committee
Stanley L. Green, Jr., Chairman
PO Box 62249 Virginia Beach, VA 23466-2249
or bj.wilkerson@elhamm.com

Norfolk State University is an Equal
Opportunity/Affirmative Action Institute

MANAGEMENT

**Regional Manager Enforcement
Division - Northern Virginia
Region Department of Health
Professions**

**Position Number #00079 Pay Band: 5
Salary Range: Up to \$90,000**

For the duties, qualifications, and required additional information concerning this position & the application process, please visit the website:
<https://jobs.agencies.virginia.gov/>

MED BILL & CODING

Trainees Needed Now
Medical Offices now hiring. **No experience?** Job Training & Placement Assistance Available.
1-866-294-0466

Medical Billing & Coders Needed!

Hospitals & Insurance Companies now hiring!
No experience?
Local Job Training & Placement Assistance is now available!
1-888-834-2177

NONPROFIT

Community Action Partnership

Program Specialist, \$45-50K

Assist with all functions of the National Risk Mitigation and Quality Improvement Training and Technical Assistance Center operations, with emphasis on resource r&d, consultant vetting, and T/TA requests and tracking. Bachelor's req. 3 yrs experience in Community Action or related field, experience with Human Services-related, economic security, or government programs preferred. Health, hospitalization insurance.

Program Support Specialist, \$40K

Assist with all functions of the National Risk Mitigation and Quality Improvement Training and Technical Assistance Center operations, and support and assist with related research, resource development, and data and outcome tracking. Associate's req. Bachelor's pref. 2 years experience in an office setting, with the operation of computers and knowledge of office software programs. Experience with Human Services-related, economic security, or government programs preferred. Health, hospitalization insurance.

Accounting Associate- Part-time, 25-30 hrs per wk. \$20.00 per hour

Assist in recording and reporting of financial information for 501(c) 3 organization and government grants. Prior related experience and proficiency in Excel, Word, and computerized accounting systems required. Experience with federal grants, cooperative agreements, and contracts preferred. Ability to accurately handle detail work and meet multiple deadlines. Accounting degree required. Health, hospitalization insurance.

Cover letter, resume, names and contact information for 3 professional references to: ldupree@communityactionpartnership.com or by mail: Director of Training and Technical Assistance, Community Action Partnership, 1140 Connecticut Ave., NW #1210, Washington, D.C. 20036.

All positions open until filled. No Phone Calls
Only candidates selected for interviews will be contacted. Affirmative Action/EOE

PHARMACY TECHNICIAN

Trainees NEEDED NOW!
Pharmacies now hiring. **No experience?** Job Training & Placement Assistance Available.
1-877-240-4524

JOBS

PSYCH TECH

F/T and P/T positions available,
experience required.

Apply in person at Chrysallis Inc. 6495
New Hampshire Ave., Suite 303. Hyattsville,
MD 20783 or for more information
sparker@chrysallisinc.org

R.E.

1st Stop... Long & Foster

Real Estate market conditions vary by region. **Many markets in our area are on the upturn.** If you're thinking about a Career in Real Estate, it's a great time to get licensed. Classes forming now- go to

www.thefire.com
for info on classes & schedules.

Take our FREE Online Aptitude Profile to find out whether real estate could be for you!

www.thefire.com and click on
the RealSTAR link. Or call: 800-543-3365.

LONG & FOSTER

SECURITY

Supervisors

FT and PT positions avail in Metro area. Candidate must possess a min of 5 years supervisory exp. Pref exp in law enforcement. Senior citizens and retirees encouraged to apply. Must be avail to work as needed/any time. Must qualify for SPO commission. Personal auto a must. Office skills a plus inc Microsoft Windows and Excel.
Call: **202-545-7995 for appt or fax resume to 301-352-9019. EOE**

SOCIAL WORKER Hospice

Due to rapid growth, we are adding a new position for experienced social worker to provide full range of social services to patients and families, including counseling in issues related to death and dying, coping, crisis interventions & community resources. Full time, Mon-Fri. LCSW-C in Maryland with clinical experience working with end of life issues.

Please fax resume and cover letter to
301-921-4433 or mail,
Attention Human Resources:
Montgomery Hospice
1355 Piccad Drive, Suite 100
Rockville, MD 20850
EOE

TELEMARKETING

Inside Sales Professional

Salary plus commission. Min. 2 years' sales exp. Laurel, Md
Please call 301-361-1111 or
Send resume
scott@protocol.net

RECRUITER- MARKETING

Experience Recruiter for Nursing
Assistant school. Call **240-770-8251**

CAREER TRAINING

Become a Nursing Assistant
less than 4 wks. Day and Eve.
Payment plan. Free classes with
referral bonus **240-770-8251**

WESTWOOD COLLEGE

Earn a bachelor degree in just three years at
Westwood College
Call 877-852-9712 today to receive your free
Career Success Kit!
www.westwood.edu/locations

PARALEGAL CERTIFICATION

202.955.4562

PARALEGAL
INSTITUTE OF WASHINGTON, D.C.



BEEN IN BUSINESS SINCE 1999
NURSING/ALLIED HEALTH PROGRAMS:
NEXT LPN CLASS:

August 30th 2010 [13 MONTHS, EVENING]
(Late registration until 9/13/2010 for evening LPN Class)
October 23rd 2010 [20 MONTHS, WEEKEND]
HURRY SLOTS ARE FILLING!!!!!!

NEXT C.N.A. CLASS

September 13th 2010 [6 WEEKS: MORNING]
October 2nd 2010 [10 WEEKS: WEEKEND]

MEDICATION AIDE CLASS

September 13, 2010

PHLEBOTOMY PROGRAM

October 9th 2010 [8 WEEKS, SATURDAYS ONLY]
CALL NOW: 703-933-9430, 8AM-5PM, MON-SAT
LOCATED AT BAILEYS CROSSROADS, VA -METRO ACCESSIBLE

www.ultimatehealthschool.com

Certified to operate by SCHEV Approved by VBON

PHLEBOTOMY Training workshops Doctor's Help 301-567-5422

Discover Our
Professional
Healthcare
Training Programs



CALL NOW! **1-888-407-8222**
www.Sanz.edu

Financial aid available for those who qualify

Sanz School - Falls Church (Main)
Sanz School - Silver Spring (Branch)
Sanz College - Washington (Branch)

CAD

Earn a degree in computer-aided
design at **Westwood College**.
Call 800-342-2249 today to receive
your free Career Success Kit!
www.westwood.edu/locations

CRIMINAL JUSTICE

Earn a degree in **Criminal Justice**
at **Westwood College**
Call **888-605-2244** today
to receive your free Career Success Kit!
www.westwood.edu/locations

CONSTRUCTION MANAGEMENT

Earn a degree in Construction Management at
Westwood College
Call 877-789-7323 today to receive your free
Career Success Kit!
www.westwood.edu/locations

TRAIN FOR A CAREER AS A HOMELAND SECURITY SPECIALIST AT EVEREST COLLEGE!

Graduate in less time than you think!
**TRAIN FOR A CAREER IN
CRIMINAL JUSTICE AT
EVEREST COLLEGE!**
FINANCIAL AID AVAILABLE
FOR THOSE WHO QUALIFY
CALL NOW!
1-888-461-3609
Visit us online at
www.SeeEverest.com
VA Schools are CTO SCHEV

Everest
COLLEGE

MEDICAL ASSISTANT
In 10 Weeks
1-800-460-4138
CTO SCHEV

CAREER TRAINING

CAREER TRAINING



Train to Become a
Compassionate,
Skilled Healthcare
Professional.

Train in one of our
Healthcare programs:
Health Information Technology
Medical Assistant
Medical Billing & Coding
Medical Office Specialist

We teach English
as a Second Language!
Se Habla Español.

CALL NOW!
1-888-407-8222
www.Sanz.edu

**Three
Convenient Locations:**

Sanz School -
Falls Church (Main)
6182 Arlington Blvd.
Falls Church, VA 22044

Sanz School -
Silver Spring (Branch)
8455 Colesville Rd.
Silver Spring, MD 20910

Sanz College -
Washington (Branch)
529 14th St. NW
Washington, D.C. 20045

Financial aid available for
those who qualify



**Now
CAAHEP
Accredited!**

**Sanford-Brown
INSTITUTE**

Train in
Diagnostic Medical Sonography!

Text DCHEALTH to 78573 or call
888.771.2433
sanfordbrown.edu/landover

8401 Corporate Drive, Suite 500
Landover, MD 20785

Sanford-Brown Institute does not guarantee
employment or salary, career education
CEC2375490-08/10

**HELP DOCTORS
DELIVER THE GOOD NEWS.**

CAREER TRAINING

CAREER TRAINING

**GET THE SKILLS
EMPLOYERS WANT TODAY!**



**MEDICAL OFFICE
ASSISTANT**

- Medical Coder
- Medical Biller
- Medical Receptionist
- Medical Claims Adjuster
- Medical Insurance
Processor

**FINANCIAL AID AVAILABLE IF QUALIFIED
PLACEMENT ASSISTANCE AVAILABLE**

**OFFICE
ADMINISTRATION**

- Administrative
Assistant
- Receptionist
- Customer Service
- Accounting Assistant
- Accounts Payable &
Receivable



**CTI Career
Technical Institute**
Formerly Career Blazers Learning Center

888-639-8766
2131 K St. NW
Btw. 21st&22nd St.



**ALLIED HEALTH TRAINING
IT'S ALL WE DO!**

- ◆ medical assisting
- ◆ medical office admin
- ◆ medical radiography
- ◆ dental assisting
- ◆ pharmacy tech



arlington • alexandria • manassas

ACT Now: 866-970-8484
www.actcollege.edu

DEGREE & DIPLOMA PROGRAMS • FINANCIAL AID FOR THOSE WHO QUALIFY
CERTIFIED IN VA BY SCHEV • ACCREDITED BY ABHES • PROGRAMS VARY BY CAMPUS
1400 KEY BLVD, FIRST FLOOR • ARLINGTON, VA 22209

**PHLEBOTOMY
In 10 Weeks**
1-800-417-8954
CTO SCHEV

**Become a Medical Billing
and Coding Professional**

**CTI Career
Technical Institute**
888.639.6277

**Become a Certified
Computer Technician**

**CTI Career
Technical Institute**
888.639.6244

People Helping People
It's just one of the great things about **Medical Assisting**.
You could start training for new **career opportunities** today!
Call now: **888-793-0444**

Sanford-Brown Institute • Sanford-Brown College
8401 Corporate Drive, Suite 500 • 1761 Old Meadow Road
Landover, MD 20785 • McLean, VA 22102
Sanford-Brown College is certified by the State Council of Higher
Education for Virginia to operate campuses in Virginia.

**MAKE A DIFFERENCE,
even with the little ones!**
Train for a healthcare career in less time than
you think. You could learn:
• MEDICAL ASSISTING
• DIAGNOSTIC MEDICAL SONOGRAPHY
• PHARMACY TECHNICIAN,
and more!
CALL NOW 888-805-2333
Your new life is waiting!
Sanford-Brown Institute
8401 Corporate Dr. Ste 500 • Landover, MD 20785

PHARMACY TECHNICIAN TRAINING!
Learn the skills you need to work in
pharmacies at drug stores, hospitals,
grocery stores and more!
CALL TODAY! 888-805-2333
SANFORD-BROWN INSTITUTE
8401 Corporate Dr. Suite 500 Landover, MD 20785

PREPARE FOR A NEW LIFE!
Make a difference, even with
the little ones as a Diagnostic
Medical Sonographer.
Train in less time than you think!
Career Services Available
Financial Aid for those who qualify.
Training includes an externship!
For a Brochure, Call Now!
888-805-2333

SANFORD-BROWN INSTITUTE
8401 Corporate Dr. Ste 500
Landover, MD 20785

Career opportunities are still available in
Massage Therapy. You can train to work in this
in-demand industry in as little as 8 months!
Call National Massage Therapy Institute
888-315-8218

Want a healthier paycheck?
**Train to be a
Massage Therapist
in as few as 8 months!**
Call NMTI today!
888-233-7855

HELP FIGHT CRIME
WITH A CAREER IN CRIMINAL JUSTICE!
Train in Criminal Justice or
Information System Security!
Ongoing Career Services Assistance.
Financial Aid for those who qualify.
For a Brochure, Call Now!
888-791-3444
Sanford Brown College - Vienna

CAREER TRAINING

CAREER TRAINING

TRAIN FOR A JOB WITH THE AIRLINES!

AIM is now accepting students for our Aviation Maintenance Program.

These companies and many others have hired AIM graduates!



Visit our New Location!

10640 Davidson Place
Just North of Manassas Mall.

- Financial Aid if Qualified
- Job Placement Assistance
- Rapid Path to Graduation

Aviation Institute
of Maintenance

866-858-8530

FAA Approved A&P School
SCHEV Certified. ACCSC Accredited.

Apply Now! Start Your Career in Healthcare!

Medical Laboratory Technician Associate Degree Program* (700+ clinical hours)

Phlebotomy Technician Certificate Program* (144 clinical hours)

BUILD a strong science foundation.

DEVELOP the skills and knowledge to take certification exams.

PREPARE for success in this demanding field.

*The Graduate School has received initial approval by the Commission of the Council on Occupational Education (COE) to offer programs in Allied Health.

Classes start January 24, 2011.

Scholarships available.
Call TODAY to see if you qualify.

Information Sessions

November 4 6-8 p.m. November 23 6-8 p.m.

GS GRADUATE SCHOOL

Call Now: (202) 314-3643
admissions@graduateschool.edu
graduateschool.edu/health

EXP-NOV-W-10

Night Classes Now Enrolling!

Medical Assistants are Needed.

Start your training now and you'll be on your way to a great new career in only **7 months*!**

Job Placement Assistance. Financial Assistance if Qualified. Veterans' Training. SCHEV Certified. ACCSC Accredited. *7 Months Instructional Time.

Centura COLLEGE
(877) 206-3353
6295 Edsall Road, Alexandria

You can Have it All

Offering more than 20 campuses, flexible scheduling, course convenience, career placement assistance and financial aid*. Fortis College makes it possible.

Programs offered:

- Medical Assisting
- Medical Billing and Coding
- Pharmacy Technician
- Expanded Function Dental Assisting



4351 Garden City Dr.
Landover, MD 20785

Call Now!
1.877.809.9152
www.FortisCollege.edu

*Financial Aid for those who qualify



Searching for a new career?

Train in Medical Assisting, Medical Billing and Coding, Criminal Justice, Graphic Design or Business Administration!

Sanford-Brown College - Vienna
1980 Gallows Rd. • Vienna, VA 22182

Sanford-Brown College is certified by the State Council of Higher Education for Virginia to operate campuses in Virginia.

For a brochure, call now!
888-791-3444



Healthcare without blood!

It's just one of the great things about **Medical Billing and Coding.**
Get the training you need today! Call now.

888-793-0444
Sanford-Brown Institute
8401 Corporate Drive, Ste 500
Landover, MD 20785

Sanford-Brown College
1980 Gallows Rd • Vienna, VA 22182

Sanford-Brown College is certified by the State Council of Higher Education for Virginia to operate campuses in Virginia.



Express yourself with new career training!
Get the skills you need.
Train in Graphic Design.

Sanford-Brown College - Vienna
1980 Gallows Rd.
Vienna, VA 22182

For a brochure, call now!
888-791-3444

Sanford-Brown College is certified by the State Council of Higher Education for Virginia to operate campuses in Virginia.



MEDICAL LEARNING CENTER

DAY, EVENING & WEEKEND CLASSES:
L.P.N. | C.N.A.
Licensed Practical Nurse | Certified Nurse Assistant

medicallearningcenterva.com
703-527-0055 • Certified SCHEV • Approved VBON

POSITIONS WANTED

CNA- Position Wanted. Available for care of elderly & disabled in Alexandria & surrounding area. 13 yrs experience. Janet 571-236-0113

SERVICE SOLUTIONS

International psychic; With 40 yrs experience. Specialized in miss children, political, business...Working with crystal ball, tarot cards, African tradition. Appt only 301-512-3564

STUFF

\$159 Queen Pillowtop Mattress Set. New in plastic. Can Del. 301-399-7870
3Pc King Pillowtop matt set. \$259. New in plastic. Can Del. 301-399-7870
5Pc Cherry Bedroom set. New in box. Take \$395. 301-399-7870

iMac 27" + Adobe Suite CS4—1TB HD, Snow Leopard, Office'08, CS4 Design Suite, Final Cut Exp. \$2700 OBO, Sterling, VA, 703-624-2543
Silver Dollars.—Collection of 206 U.S. Silver Dollars Dated before 1935. \$3,999 takes all. 937-878-8784.

SALES & AUCTIONS

Annapdale—Bazaar, Artist, Crafters & Vendors; Annapdale United Methodist, 6935 Columbia Pike, VA, Saturday 10/6; 10 - 3, 703-256-8330; free tours of Little White Church

Fairfax Station—6323 Blackburn Ford Dr, Fairfax Station, VA, 703-425-0000. Sat 6th 8-12 Ikea Tovik loft bed w/in bed storage. Ikea Ice "L" shape glass top computer desk. Tools, Pots, Pans, electronics, computer stuff. Like-new Sears Rider.

South Run—9806 Lost Ravine Ct Fairfax Station, Sat. Nov 6, 9AM-4PM, BIG Moving Sale, furniture, kitchen, yard, garage, free stuff too!

PETS

ADOPT A CAT/KITTEN
Vet checked. Call Feline Foundation.
703-920-8665 **www.ffgw.org**

ENG. BULLDOG: 23 cuddly little AKC butterballs, M & F, 8-10 wks all colors, \$2500 703-507-1996 or 540-338-3047 **www.sugarplumbulldogs.com**

ENGLISH MASTIFF 2 year old female, up to date on shots, very good with children and other pets; Please call **540-635-8979**

GERMAN SHEPHERD PUPS AKC: Shots & wormed, parents on premises, ready 11/1. Great temperament. \$500 cash **540-828-6101**

LAB PUPS—AKC OFA YLWS & BLKS, SOCIALIZED BY CHILDREN, HIPPS GUARENTEED "BEST OF THE BEST" CAMBRIDGE, MD 410-228-2719

Maltese—Tea Cup size pups. Exceptional value! M&F Home breeder w/20yrs exp. Vet ckd, shots, worm, nlth guar. 540/616-7955

YORKIE - \$600+ AKC lines, M/F, 8 wks +, shots & dewormed, from a loving home. Adults avail. Pics online #LDKG. **703-346-4064**

DC RENTALS

4569 BENNING RD SE - 2BR, CAC, wall-to-wall, close Subway (BlueLine). \$690 + utilities. No application fee. Open Sat. 11-4pm. **202-582-7155**

Anacostia—\$800.00, 1 br, 1 ba, 1 Fls, 1612 17th Place SE, Washington, DC, heat, water, porch-patio, 386-682-0146

CATHOLIC UNIV. - 1BR apt. Closed-in back porch. \$800 + security. Call (202)832-2454 or (202)302-7435

DC RENTALS

Cleveland Park—Don't miss this gorgeous jewel in heart of Cleveland Park! Bright and light pristine 2 BR, 1 BA with panoramic view of best neighborhood in DC from every sunny window. Steps from Cleveland Park Metro and world of best restaurants and shops in city. Movie theater next door! \$2800, 3446 Connecticut Ave., Washington, D.C., DC, cats, Elev. HSI, DW, Nr Pub Transp, Newly Ren, Form LR, Hw Flrs, Eat-in-Kitchen, small dogs allowed, 240-601-7545

DC NW. - Lrg 1BR apt. newly remodeled. Near Walter Reed. \$800/mo. Call (202)832-2454 or (202)302-7435

Deanwood 5003 Just Street NE \$1200

2 br, 1 ba, newly renovated, no pets, 202-425-6273.

Dupont Circle—Lg. Effic. Util Incl., 1702 16th St. NW, \$1,150. Call 202-265-7011.

Hillside Terrace

SE - Randall Highlands

1812 23rd St., SE • Washington, DC
OPEN HOUSE THURS, NOV. 4TH 4PM - 7PM
1 Bedroom: \$755
Call For Specials

- Beautiful Apartment Community
- Renovated Kitchens and Baths
- Ample Closet Space • Close To Shopping
- On and Off Street Parking Available

(866) 646-7056

www.wcsmith.com

CAREER TRAINING

1 BEDROOM
ONE MONTH FREE

- Renovated 1 Bedroom Apts
- Near Minn. Ave. Metro Station
- 24 Hr. Emergency Maintenance
- Showing Apts. 7 Days A Week

Only \$725

3533 Ames St. NE Washington, DC 20019

By Appointment Only Call Ms. Mwansa @ 1-800-615-5520

AMES STREET APTS

Fort Totten Apts

NE

4818 Ft. Totten Dr., NE • Washington, DC

1 BR Starting @ \$981
2 BR: \$1145

- Brick Building • Hardwood Floors
- Patio/Balcony • A/C
- On-Site Laundry • Cable Ready
- Minutes to Downtown DC
- Walk to Ft. Totten Metro

(888) 653-8664

www.wcsmith.com

CAREER TRAINING

NE -- 1 Br, quiet, secure building, \$750 per month plus electric and deposit. Please call 202-561-0739

306 Evarts St., NE
202-269-1992

1BR \$ 925
2BR: \$1025

- FREE Heat
- Renovated Kitchens with new cabinets & appliances
- Laundry Facilities on-site
- Convenient to Metro (Red Line)

William C. Smith & CO./EHO
www.wcsmith.com

WALTER REED

NW

6100 14th St., NW

1BR: \$895

- Beautiful Brick Building
- Hardwood Floors
- On-site Laundry
- Cable & Internet Ready
- Great Walter Reed Location

202-726-2973

www.wcsmith.com

CAREER TRAINING

DC RENTALS

Great Places to Call Home...
CALL NOW!

DC RENTALS



DC PROPERTIES

NW; Brightwood - Studio, 1BR Apts. Available!
Close to multiple bus lines, downtown DC, Downtown Silver Spring. Located on quiet tree lined street starting at \$795 and up

NW; Brightwood; 812 Jefferson Street
Extra Large Studios & 1BR Apts.

NE; Woodridge - Large Sun Lit Studio, 814/816 Irving St. • 1BR Available!
Close to multiple bus lines and RI Ave Metro and Downtown DC. Starting at \$850 and up

1400 29th St. SE; Studio and 1BR Available!
Close to Pennsylvania Ave. and Minnesota Ave., multiple bus & metro lines. Starting at \$750 and up

Highland View SE; Brand New Beautiful Unbelievable Move In Specials on 1BR +Den & 2BR Apartment Homes
Gated Community, Private parking, W/D in apt., Central air, stainless appliances, Dishwasher and so much more

MD PROPERTIES

Hyattsville - MD - Beautiful Garden Style Apts.
All Utilities Included & FREE Parking
Close to 410 and Rt. 1, bus lines, PG Plaza, AVAILABLE!
CALL 301-779-6037

202-244-3811
WWW.UIPPM.COM

NW/ 604 Kennedy St- Secure 1br, wall to wall crpt. Nr Metro. \$775. utils included Delwin Realty 301-608-3703 ext. 103

Crestwood Apartments
3900 16th Street NW Washington DC

1 BR avail. fr. \$1300
Effs. avail. soon fr. \$1025

ALL UTILITIES INCLUDED!!!!
All units include central air and heat!

- Awesome 16th Street location!
- Walk to Columbia Heights Metro Station
- Metro bus stop next to building.
- Beautiful parquet hardwood floors, huge picture windows, h cathedral ceilings.
- 24 hour controlled access.
- Laundry facilities onsite.

(888) 333-3851

expressnightout.com

Washington Apts
877-231-1135

OPEN HOUSE
\$99 Security Deposit Sat. Nov. 6 • 10-1pm \$0 App. Fee

1 & 2 BRs starting at \$1416

- \$0 App Fee • \$99 Security Deposits
- Credit Card Payments/No Service Fees
- Free Gated Park • On Site Laundry

CITY LIVING AT ITS BEST...
Open M, T, Th, Fr 9-5:30, W 9-7, Sat 10-2
www.washapartments.com

SE-1-2 bedroom on Green Line. Quiet, carpet, secure. Voucher approved. -Utils incl'd. 703-912-4885

SE-1 & 2 BR. \$715 & up + elec. No Pets. 202-265-4814, 202-629-2606. Fred A. Smith Co.

SE DC- 1 & 2 BR Apts. Central Air & heat, wall to wall crpt, W/D, Sec 8 ok, Starting at \$1200 For info call Jerome 202-321-5596

SE, DC - 1819 P St. -Cozy 1 & 2 BR, + den, Hdwd flrs, Lndry rm, nr metro. Starting at \$750+, 1/2 off Sec Dep. Delwin Realty 301-608-3703 X 103

Need a Job?

GET SKILLS IN DEMAND IN 8 MONTHS
MEDICAL ASSISTANT/OFFICE ADMIN

Our professional staff will train you like a pro

OPEN HOUSE
Nov. 10th @ 10am & 2pm

Medical Assistant

- Medical Billing & Coding
- Phlebotomy
- Medical Office Procedures
- Work at hospitals/clinics

Office Administration

- Microsoft Windows/Office 2007
- Accounting/QuickBooks
- Customer Service, Receptionist

Financial Aid Available if Qualified.
Placement Assistance Available.
Transportation Paid for Students Who Qualify
(high school diploma not required)

TLC
Technical Learning Centers, Inc

Call Now! 202.223.3500
1720 St. NW, #200
Next to Farragut West & North

Accredited by COE

Become a skilled Massage Therapist in just 8 months!

As an NMTI student, you'll enjoy:

- A school dedicated to massage therapy
- Financial Aid for those who qualify
- A choice of day, evening and weekend classes
- Job Placement Services for Graduates

NMTI
NATIONAL MASSAGE THERAPY INSTITUTE

Call (800) 859-2217 to learn more today!
www.studymassage.com

Campus conveniently located in Falls Church, VA.
Accredited by COMTA. Licensed by SCHEV to operate in the state of Virginia.

1 Bedrooms fr. \$785
2 Bedrooms fr. \$925
3 Bedrooms fr. \$1150

Fort Chaplin Park
4212 East Capital St. NE
One Block from Metro - Free Off-Street Parking
Window Treatments - Landscaped Courtyards
5% Disc. Metro & DC Govt Employees

877.889.4433
Extended Hrs. Tues. & Thurs 'til 7pm
M-F 9-5. Sat 11-3

Housing Choice Vouchers Welcome where Rents are Within Voucher Limits

Fall in Love Here At
Ridgecrest Village Apartments!
2000 Ridgecrest Ct., S.E. • Wash, DC 20020
202.889.1661

OPEN HOUSE
Saturday, October 23rd • 9am-2pm
2 Bedrooms Available Starting @ \$1050

ALL UTILITIES INCLUDED!!!

Newly Renovated Homes

- Large Floor plans • Spacious Closets
- Wall-to-Wall Carpet and Hardwood Floors
- Laundry on-site • Free heat
- FREE Parking • FREE Shuttle Bus to Metro
- Shopping Center Just a Footstep Away!!!
- THEARC Just blocks away
- Games! Snacks! Prizes!
- Ask about our Free Accent Wall!

www.wcsmith.com

DC RENTALS

END OF SUMMER SPECIALS

Anacostia Gardens

3600 Ely Place • Washington DC SE 20019

*0 Application Fee • Reduced Rents

FREE GAS & HEAT**1 BR: \$729 • 2 BR: \$877**

- ✓ w/w carpet
- ✓ Secure front entry door
- ✓ Laundry facility in building
- ✓ Convenient to shopping + schools

Office Hours: Mon - Fri 9-5 Sat. 10-2
(202) 640-4774**CASCADE PARK APTS.**
SPECIAL LEASING RATESEFF \$650 w/ \$150 OFF 1st MONTH'S RENT**1 Bedrooms Starting At \$695****2 Bedrooms Starting At \$825**w/ \$225 OFF 1st MONTH'S RENT**3 Bedrooms Starting At \$1495****4 Bedrooms Starting At \$1600**

- 24 Hr. Emergency Maintenance
- HUGE APARTMENTS!
- Close to Metro, Bus Stop On-Site!

4236 4th St., SE, #103
Wash, DC 20032 **202-562-1600****SOUTHERN RIDGE APARTMENTS****1 Large, and 2 Bedroom Units**

- Gated Community with
- Wall-to-Wall carpeting
- Central Heating and A/C
- and Large Walk-in Closets.

Move in by **November 24, 2010** receive half off first months rent; must bring copy of ad to receive discount. Income restrictions apply. Inquire within for details.For more information please call the rental office at **888-318-9485**Edgewood Monday - Friday 9 a.m. - 5 p.m.
Saturdays by appointment only**Village at Chesapeake**

South East

**NOV. RENT FREE**
Call for details.
Restrictions apply.**Beautifully Renovated 2 Bedrooms Available Today!****A Vesta Community where we LOVE Serving Our Residents!****OPEN HOUSE**
Nov. 6th from 10-4
Mon - Fri 8:30 to 5:30PM • Sat 10-2 PM5% Discount For Selected Employers
Special On Security Deposit**202-640-4777**

A Vesta Property

AS FEATURED IN WASHINGTON POST METRO

MARBURY PLAZA APARTMENTS**Move In NOW!****1 Month****FREE****Rent!****Features:**

- Eat-In Kitchens
- 24 Hr. Concierge
- All Utilities Included
- Largest Floorplans In The City
- Controlled Access Buildings
- On-Site Convenience Store

FREE
iPod For
Select Units
* Eff. Only**OPEN HOUSE**
FRIDAY NOV. 12TH 9-7PM**RENTS STARTING @ \$889.00**2300 Good Hope Rd. SE
Washington, DC 20020
P 202.678.0700

UIP property management, inc. UIPPM.COM

**Be In Your New Home In Time For The Holidays!****BANNEKER PLACE APTS.**

- Close To Metro, Schools & Shopping
- Intercom Access To Every Bldg.
- Great Location In A Park-Like Setting
- Laundry Facility On Property

866-759-3646
Professionally Managed By
CIH Properties, Inc.**FACING FORECLOSURE? NEED A 2ND CHANCE?****Call (202) 574-2200**Great Looking 1 & 2 BRs from
\$860 to 1,082/mo.**A Gated Community w/ Controlled Access & Enclosed Parking****NOT JUST ANOTHER PRETTY PLACE****EXPERIENCE THE DIFFERENCE****FIRST MONTH FREE***
Oxon Run Manor**4th & Miss. Ave., SE**
OPEN: 9-5 MON-FRI • 10-2 SAT**1 MONTH FREE! *****1 Bedrooms fr \$805****2 Bedrooms fr \$995**Fully renovated
Walk-in closet/ W/W carpet
NO Application Fee**FORT STANTON APARTMENTS**1535 Morris Rd.
Open M-F 10-4pm
SAT/SUN 10AM-2PM
202-678-3888

* On select apartments. Limited Time Offer

DC RENTALS

DC RENTALS

Wingate Tower and Garden Apartments

4660 MLK Jr. Ave., SW • Washington, DC 20032

(202) 563-2651 • (202) 563-2652

Monday-Friday 9am-4pm • Saturday 10am-2pm • Sunday-Closed

**1, 2 and 3 Bedrooms Available for Immediate Occupancy Starting At****\$775.00 - \$1,200.00**

- ✧ Hardwood Floors
- ✧ Spacious Bedrooms / Walk in Closets
- ✧ Individually Controlled Heat / AC
- ✧ Swimming Pool / Play Ground
- ✧ Summer Camp / Girl Scouts
- ✧ Medical Facility on Site
- ✧ On Site Laundry

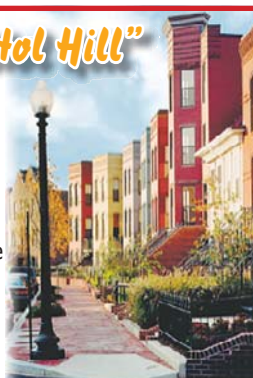
**"Best Kept Secret on Capitol Hill"****1 & 2 Bedroom Townhomes \$764 - \$1481***

750 6th St., S.E. • Washington, DC 20003

- Off street parking • 24-hr. maintenance
- Dishwasher • Washer/Dryer hook-up
- High speed Internet Available • Cats & dogs welcome

The Townhomes on Capitol HillCall: **202.510.9250**

*Income Restrictions Apply. Call for details.

Concerts, movies, events,
restaurants and more.**express nightout**
expressnightout.comConcerts, movies, events,
restaurants and more.**express nightout**
expressnightout.com

XX172 lxl.5

XX172 lxl.5

NE

117-183 35th St., NE**Spacious One Bedrooms Only \$688 plus utilities**Shows Beautifully w/ Screened-In Back Porch
Near Metro • Immediate Occupancy*Beautiful and Spacious*

If interested, call

Richard Loomis 202-365-8961

Frank Emmet Real Estate, Inc. **301-589-6000**

FROM \$749

RIVER HILL APARTMENTS**MOVE IN NOW AND NO APPLICATION FEE**

- Completely Renovated
- Large Rooms w/ Wall-to-Wall Carpet
- Pools & Playground
- Laundry Rooms

Near Bolling AFB**866-731-2759**

Professionally Managed By CIH Properties, Inc.

You Can't Beat Our Specials!**NO APP FEE/DEPOSIT SPECIAL****2 Bedrooms from****\$835.00****FRIENDSHIP COURT APARTMENTS****866.754.1028***New Applicants Only
Professionally Managed By CIH Properties, Inc.**FALL INTO SAVINGS AT FRIENDSHIP CROSSING****RECENTLY REDUCED RENTS****RUNNING AMAZING SPECIALS****1 BR Special \$749*****2 BR Special \$885*****New Application Only!**

FREE, APP FEE WITH AD, FREE HEAT, GAS, WATER

W/W Carpet, Modern Kitchens/breakfast bar,

Gated Community, Laundry facility in every bldg

Great location minutes to 295, 395, 495

866.725.1994

Professionally Managed By CIH Properties, Inc.

SOUTHWEST

\$99 MOVE IN SPECIAL!
1/2 OFF APPLICATION FEE**1 BRs fr. \$775 2 BRs from \$870****3 BRs from \$1180**W/W carpet, Central Air/Heat, Dishwasher,
Laundry facility, Free Parking**A Perfect location on Metro****EAGLES CROSSING**116 Irvington Street SW, Washington DC 20032
(877) 841-3674M-F 9-5, Sat/Sun 10-4
Housing Choice Vouchers WelcomeSoutheast- 3056 30th Street Newly remodeled
3BR Apt. \$1700. section 8 ok.
202-560-7800

DC RENTALS

SOUTHEAST

WEISZ PROPERTIES
Call 301-559-9111

BENNING ROAD APTS
4950-52 Benning Rd, SE
Spacious 2BR with CAC, Balcony, Immed Move-In.
\$930 + elec.

ROLAND PARK APTS.
4801-15 Texas Ave, SE
1&2 BR, steps from Blue Line
fr \$725 + cooking gas/elec.

GREENWOOD MANOR APTS.
2343 Green Street SE • Washington, DC 20020



888.349.9884

MOVE IN SPECIAL
1/2 OFF SEC. DEPOSIT

• 1 & 2 Bedrooms Available
• Starting From \$750
• Private Parking Lot
• Spacious Floorplans with Hardwood Floors
• 5 Minutes to the Green Line Metro

WWW.DELWIN-REALTY.COM

Your Property Management Solutions

DELWIN APARTMENTS
4200 S. Capitol Street, Washington, DC 20032



1/2 OFF
Sec. Deposit
Move-In Special

866.918.7544

• Large 1 & 2 Bedrooms Available
• Starting From \$750
• Water, gas and sewage included!
• Metro-Bus Stop on the property
• Private Pkng Laundry Room

WWW.DELWIN-REALTY.COM

Your Property Management Solutions

— Worthington Woods —

SE

4419 3rd Street, SE • Washington, DC

Holidays Are Coming Early
Move in by 10/31/10 ~ Dec. Rent is FREE!!!
1 BRs Starting @ \$675

• New Kitchens & Bathrooms
• New Playgrounds
• On-site Laundry Facilities
• On-site Metro bus stop
• On-site Parking
• Adjacent to 295, 395 & the Beltway

(888) 790-1840

www.wcsmith.com

William C. Smith & Co.

Southeast

Meadowbrook Run
3647 6th St., SE
(877) 819-3121

2BRS Starting at \$890
1 BRs Also Available

\$99 Security Deposit
(w/approved credit)
Receive \$500 Off First
month's rent
(Move in by end of November)

Some Units Include Heat
Resident Control Access
Large, Walk-In Closets
Convenient to Congress Heights Metro
3BRs also available

William C. Smith + Co./EHO
www.wcsmith.com
* Call for details

DC RENTALS

Southeast

Meadow Green Courts!

\$99 MOVE-IN SPECIAL!*

Spacious 2 BR Floorplans
Convenient to shopping, schools,
Dishwasher. Walk-in closets.
Wall to Wall Carpeting.
5% DISC. TO METRO & DC GOVT EMPLOYEES
(877) 464-9714
3539 A Street SE
Mon-Fri 9-5 Sat. 10-4
Housing Choice Vouchers welcome where rents are within
voucher program limits *SELECT APTS. CALL FOR DETAILS

SW

Studio's from \$895!
You'll "FALL" In Love
With Our Apartments

STUDIO & 1BR RENT SPECIALS!
• ALL UTILITIES INCLUDED
• Balconies w/Spectacular Views
• Fitness Center/Swimming Pool
• Walk to 4 Metro Stations
• *Pet Friendly
• Nearby Shopping, Restaurants
and Entertainment
SUN:12PM-4PM • M-F:9AM-6PM • SAT:10AM-5PM
CAPITOL PARK PLAZA
201 I Street, SW • Washington, DC 20024
1.877.870.0243
www.capitolparkplaza.com

Edgewood

Restrictions Apply
Income Qualifications

1 & 2 BRs starting at \$645
to the 1st (7) Applicants this weekend!
\$300 Off your First Month!!
Food & Prizes!!!
SAT. 11-3PM • SUN. 12-3PM BY APPT. ONLY

Minutes From 295,
395 and 495!!! By Appointment Only

125 Ivanhoe St. SW, Washington, DC 20032

Call Ashley @
1-800-615-5520

OAK PARK APARTMENTS

SW- 150 JOLIET ST - Large 2BR, Priv entra, near Metro. \$850/mo + gas & elec. Call for move in specials! 301-608-3703 x119. Delwin Realty

WAGGAMAN CORPORATION: 202-537-8970
Presents!!

NE: 336 63rd Street 1 BR \$650 + e. About 5 min. walk to Capital Heights Metro! (202) 537-8970
NE: 4001 Hayes St. 1 BR from \$619 to \$675 + e. About a block from Minn. Ave. Metro! (202) 537-8970.

Housing Choice Voucher Welcome
Equal Housing Opportunity

WASHINGTON, DC - 1 & 2 BR. NE & SE Starting at \$1000. Section 8 Welcome Please call 202-270-4279

MD RENTALS

1,2,3 Bedroom Apartment Homes starting at \$875. Move in by October 31, 2010 and receive \$2500 in savings. Visit us on October 23, 2010 during our Open House and receive additional savings up to \$1180.00 Mention this ad and pay NO APPLICATION FEE.

MD RENTALS

Adelphi

LOOKING TO MOVE?
LOOK NO FURTHER

ARBOR VISTA
301.825.9046
RENTS STARTING AT \$940

SIENNA CREEK
301.825.9045
RENTS STARTING AT \$912

WELCOME HOME!

Utilities Included • Verizon FIOS Ready
Gated Community • Fitness Center
Swimming Pool • Walking Distance to Metro

Marlborough House
Apartment Homes


3001 Branch Ave. • Hillcrest Heights, MD

marlboroughhouse.net
866.979.3938

NORTH BETHESDA MARKET

LIVE • PLAY • SHOP • DINE • BE

Look high, and low.
You won't find better.



BRAND NEW

Studio, 1, 2 and 3 Bedroom Residences
Starting at \$1,530

SAVE UP TO 2 MONTHS FREE RENT!

2 blocks to Metro ■ On-site retail including Whole Foods Market ■ Concierge ■ 2 pools ■ Fitness Center ■ Resident Lounge with billiards & Wii ■ Rooftop courtyard ■ Eco-friendly
*Rates and incentive are subject to change.

NorthBethesdaMarket.com
866.981.2515

Allentown Apartments
OPEN HOUSE November 6th
SAME DAY SPECIALS
Studios Only \$699
1 brms \$889
2 brms \$990
3 Brm W/2 baths \$1299
Includes W/W crpt, CAC, D/W, balc.
Income restrictions apply No Pets
EHO Call Today 1-866-443-5938
Sunday 12pm-5pm

ALL UTILITIES INCLUDED
Glendale Estates—\$1850, 3 br, 2.5 ba, Bowie, 301-203-9109

Bad Credit? Move Now! DC/MD/VA
Let us help you! Madison Park Corporate Leasing
800-287-5238 / 240-821-5778

BETHESDA/PROMENADE-2BR, 2BA, 1440 sq. ft
Condo, \$2300/mo incl util, 1 yr lease, N/S/ N/P
301-219-3422

Call for details.

5033 57th Ave.
Bladensburg, MD 20710
Landex Management -
Where Communities Begin

Call for details.

MD RENTALS

1, 2, & 3 BRs
• NEWLY RENOVATED
• UMD Shuttle
Stop On-Site
• Minutes to I-495
• Spacious Floorplans
• New Fitness/Business Center
• Direct Bus Service to Metro
• Verizon FIOS Available
• Controlled Access Bldgs.
• Pool & Playgrounds

1, 2, & 3 BDs rents
starting at \$960

• Easy access to 95 & 495
• Near Greenbelt Metro + UMD
• Ask about our Military discount
• Swimming pool + playground

TOWNLEY
(301) 358-3316
11457 Cherry Hill Road
Beltsville, MD
LiveatTownley.com

Prices are subject to change

ALL UTILITIES INCLUDED!

Gateway Gardens
Apartment Homes

• \$0 Application Fee
• Newly Renovated Apartments
• Short-term Leases Available
• \$0 Security Deposit

4203 58TH AVENUE
BLADENSBURG, MD 20710
gatewaygardens.net
HOURS: M-F 9-5, SAT/SUN 9-5

888.448.9013

AUTUMN WOODS

UP TO \$150 OFF
on select
1, 2 & 3 BEDROOMS
or 2 Months Free.
Pick Your Special on
13 Month Leases
FREE CABLE!
Where Affordability
IS OUR MIDDLE Name.

• Fitness Center
• Business Center
• W/W Carpet
• Spacious Closets
• 24hr Maintenance
• Minutes from DC

1-888-244-8670
5033 57th Ave.
Bladensburg, MD 20710
Landex Management -
Where Communities Begin

Call for details.

Bladensburg

Rent Specials
Available

1 bedroom apt
from \$745

(877) 588-8830 EHO

Capitol Heights, MD

Highland Ridge
Apartments

1 Bedrms. fr. \$750*
2 Bedrms fr. \$850*
3 Bedrms fr. \$1075*

Renovated kitchens
Controlled access entry
GREAT location!

888 240 4569

*Limited time offer.

Carlyle @ Harbor Pointe

1,2,3 Bedroom Apartment
Homes

Starting at \$875.
Move in by 11/10/2010 and
receive \$2100 in savings.

CALL FOR APPOINTMENT
WE ACCEPT PETS
EQUAL HOUSE OPPORTUNITY
866-906-3677

Fairmount Heights \$950.00
Section 8 Vouchers Welcomed!
2 br, 1 ba, Rambler, Capital Heights, MD, Porch-Patio, Nr Pub Transp, New WW Carpet, Form DR, Form LR, Storage Space, Parking, Wheelchair-Accessible 301-641-9529

Hyattsville

CASTLE MANOR
866-464-0993

Ask About our
MOVE-IN
SPECIAL

1 & 2 Bedroom Apts.
Lovely Setting
Nr. the New ARTS DISTRICT
Close to Shopping & Metro

HYATTSVILLE

OPEN HOUSE
THIS SATURDAY

CYPRESS CREEK
APARTMENTS

• 5% Student Discount
• Washer/dryer in each apartment
• Minutes to Metro, Howard Univ and DC
• Fitness Center and Club House
1 bedrooms fr the high\$800s
1 Month Free on 1 BR w/Den!

Call Today! 888-217-1901
5603 Cypress Creek Dr, Hyattsville, MD
CypressCreekApts.com
For More Info Text CCREEK to 29999H

MD RENTALS

MD RENTALS

FREE IS GOOD*

Sign a lease by December 31 and receive free Internet for six months and a chance to win free rent for a year.

living in the center of it all

Apartment homes as low as \$799

Today's apartment living is all about lifestyle. Franklin Park at Greenbelt Station delivers amenity-rich living, unbeatable comfort, and an unmatched convenient location.

- Adjacent to Greenbelt Station - Metro and MARC
- Less than three miles from University of Maryland College Park
- Close to Beltway, I-95 and the BW Parkway
- Spacious floor plans with large walk-in closets
- Resident shuttle service to Metro and vicinity
- Dedicated UMD shuttle service
- Student and military discounts

Contact us today at 866-468-3094.



FRANKLIN Park
— AT GREENBELT STATION —

www.FranklinParkLiving.com

9230 SPRINGHILL LANE • GREENBELT, MD 20770

Professionally managed by Fieldstone Properties. *Certain restrictions apply.



RENOVATED APARTMENTS AVAILABLE SOON!

HYATTSVILLE EHO

Overlook Apartments

UP TO 3 MONTHS FREE

1 bedrooms fr the mid \$800s
ALL UTILITIES INCLUDED

- Near UMD and Howard University
- Huge Closets
- Minutes to DC and Metro

(888) 473-1532

TheOverlookApts.com
1507 Ray Road
Hyattsville, MD 20782

HYATTSVILLE HOUSE APARTMENTS

ALL UTILITIES INCLUDED

Lovely spacious 1 & 2BR apts available start @ \$975, AC, 24 hr maintenance and more close to schools, bus stop, Metro and UMD
1 Month Free Rent with 13 month lease.
301-927-0415

Hyattsville—New Lux bldg, furn apt, 2 br, 2 prvt ba, wifi, cable, wd, gym, grn line metro \$850, 301-559-0221



1 Bedrooms	2 Bedrooms	3 Bedrooms
Starting From \$675	Starting From \$750	Starting From \$950

5 Minute Pre-Approval

Call Now For Details **301-277-6610**

HYATTSVILLE/LARGO- 2BR, 1BA TH, W/D, DW, prvt prkg, 5 mins to malls & schools. \$1250.
Please call 240-461-2616

HYATTSVILLE ARTS DISTRICT

-MOVE IN SPECIAL- 1st Month: Rent for \$499

GARFIELD COURT APARTMENTS

on residential street
next to DeMatha High School
off-street parking
1 and 2 BEDRM APTS. AVAIL.
(tenant pays electric)

CALL TODAY!
301-779-1734

1 Bed Renovated
Apt. Homes
Starting At
\$850
1 MONTH FREE.

Walking Distance To
New Carrollton Metro By Appointment Only

7740 Finns Lane
Lanham, MD **1-800-615-5520**

FINIAN'S COURT APTS.

LAUREL, MD- 3 Bedroom, 2.5 Bath,
3 Level End Unit Town House!
\$1750/month. Please call 301-922-9010

MD RENTALS

MD RENTALS

RIVERDALE

1, 2, & 3 BR Apts Huge 2 BR Townhomes

Parkview Gardens

888-251-1872

6400 Riverdale Road • Riverdale, MD 20737

GATED COMMUNITY

Furnished Apartments**

- Fitness Center on Property
- Beautiful Kitchens- Granite Countertops**
- Washer/Dryer**
- Outdoor & Indoor Pools
- Free 6 week summer camp

**Select Units

Call Now
For Our
FANTASTIC
SPECIAL

Riverdale Village

800-767-2189

5409 Riverdale Road • Riverdale, MD 20737

- Roomy, Modern Apts
- Private Balconies/Patios
- Free 6 week summer camp
- Cathedral ceiling
- *select units
- 1, 2, & 3 BR AVAILABLE
- HUGE 2 BR TOWNHOMES

Call Now
For Our
FANTASTIC
SPECIAL

LANDOVER

Kings Square Apartments

877-898-6958

3402 Dodge Park Road • Landover, MD 20785

- FREE UTILITIES
- Walk to Metro
- Walk to Elementary School
- Daycare on Premises
- Free 6 week summer camp
- Security Deposit payment plan (call for details)

Call Now
For Our
FANTASTIC
SPECIAL

HYATTSVILLE

Fleetwood Village Apts

866-315-8849

721 Chillum Road • Hyattsville, MD 20783

- FREE WATER, GAS HEATING & COOKING
- Right on DC and Maryland line
- Close to Fort Totten & West Hyattsville Metro
- FREE APPLICATION FEE
- Free 6 wk summer camp
- Convenient to shops, schools and I-495

Call Now
For Our
FANTASTIC
SPECIAL

Come Visit us Mon.-Fri. 8-5, Sat. 10-4, Sun. 12-4
CALL FOR FANTASTIC SPECIALS!



LANDOVER

Maple Ridge

888-583-3045

2252 Brightseat Road • Landover, MD 20785

- Gated Community
- State-of-the-art fitness center
- Free Gas & Water
- Free 6 week summer camp

Call Now for Our
FANTASTIC
SPECIALS!

OXON HILL

Colonial Village

888-583-3047

908 Marcy Ave. • Oxon Hill, MD 20745

- FREE UTILITIES
- Swimming pool
- Free 6 week summer camp
- Private balconies/patios
- Minutes to Metro, DC, Virginia, and 495

CALL ABOUT
FANTASTIC
SPECIALS

LANDOVER HILLS

Calvert Hall Apartments

877-203-6036

3817 64th Ave. • Landover Hills, MD 20784

- Gated Community
- Swimming Pool
- FREE Gas & Water
- Free 6 week summer camp
- B/W Parkway, Metro, 495
- New Walmart Across the Street
- Eat-In Kitchens & Large Closets

GREAT
LOCATION!
SMART
CHOICE!

HYATTSVILLE

Fletchers Field Apartments

866-805-0782

5249 Kenilworth Ave. • Hyattsville, MD 20781

- FREE UTILITIES
- Spacious and modern apts
- Wall to Wall carpet
- Dishwasher
- Private balconies/patios
- Free 6 week summer camp

FREE
NOVEMBER
RENT*

Come Visit us Mon.-Fri. 8-5, Sat. 10-4, Sun. 12-4
*On selected units only.



ASK About Our \$0 Security Deposit Specials

Move In By
11.20.10

- W/D in Every Unit
- Wall to Wall Carpet, Spacious Floor Plans
- 2nd Chance Credit Approval

FOREST VILLAGE 4400 RENA ROAD
APARTMENT HOMES Suitland, MD 20746

301-735-0100 ■ forestvillage@finesagroup.com

SHADYSIDE GARDEN

APARTMENT HOMES

2641 Shadyside Ave.
Suitland, MD 20746

Second Chance Credit Approval

- FREE application at move-in
- \$0 security deposit
- w/d/dw/wwcpt
- 5 percent discount for gvt, military employee
- metro accessible

1,2,3 BDRM RENT STARTING AT \$77.00
must move in by 11-20-10

We're Waiting For You!!!!

301-735-5000

MITCHELLVILLE FURNISHED
Basement Room/Apt with private exit.
Call 240-551-8752

Access.

TheAlaire
TWINBROOK STATION

1BRs from \$1,760*

2BRs from \$2,160*

SAVE up to 2 months FREE*



On your own terms.

- BRAND NEW
- at Twinbrook Metro
- airy 9' ceilings
- granite countertops
- swimming pool
- state-of-the-art fitness center
- resident lounge with billiards
- concierge
- eco-friendly

*Rates subject to change. Some features available in select residences.

TheAlaireApts.com
888.884.0791

THE JBG COMPANIES

MT. RAINIER 301-277-6202

\$750 MOVE IN SPECIAL!

Close to shops & rec. center.
1BR, \$785. 2BR \$905.
Utilities Included! (A/C xtra)

MT. Rainier
Newton Square - Eff, 1+2BR fr \$625+utils.
Bus to 3 Metro Lines, CATS OK. No App Fee.
Low SD. Call 301-864-5341 or email Newton-Square@comcast.net.

N. Potomac—Stonebridge \$1850, TH 3 br/2.5 ba, 3 Fls, DW, patio, deck, New Crpt, W/D, pool, fence yrd, popular schools, wkout bsmnt 240-472-8794

Oxon Hill
Southern Terrace - Gr 2BR, CAC, conven to DC, MD&VA. No App Fee, Low SD. \$825/mo. 301-839-7237, 301-559-9111.

MD RENTALS

NATIONAL HARBOR AREA

- WE WORK WITH BAD CREDIT
- MINUTES FROM 495/95
- OLYMPIC SIZE POOL
- GATED COMMUNITY
- ASK ABOUT OUR RENOVATED UNITS
- SAME DAY APPROVALS

866-906-3677

RIVERDALE

East Pines Terrace

RIVERDALE

MOVE-IN SPECIAL

- Spacious 1 & 2 BRs
- Walk-in Closet
- Balconies
- Laundry Room

STARTING @ \$850 - Near Metro

Delwin Realty

888-754-3042

6747 Riverdale Rd. Riverdale, MD 20737

1 & 2

BEDROOM

ONE MONTH FREE

Starting At \$795

Just Bring 2 Pay Stubs & Drivers License!!!!

By Appointment Only

3839 64th Ave. Landover, MD 20785

Call Ms. Mwansa @ 1-800-615-5520

CHEVERLY CROSSING

S.E. DANBURY ST. - Attractive 1BR \$695. 1st month rent free. Good Credit Required. Metro Bus at Corner. Call 202-563-1791

SE/SW

The Colonnade

4501 South Capitol St., SW

1-888-865-0763

October the month of Tricks and Treats Move in by 10/31/10 and receive December rent for free!!

- *Controlled entry
- *Near shopping, hospital & schools
- *On Metro Bus Route
- *Walk-in closets
- *Laundry facilities on-site
- *24HR Emergency maintenance
- *Adjacent to 295, 395 & the Capital Beltway

William C. Smith + Co./EHO

www.wcsmith.com

expressnightout.com

XX072 lx.5

expressnightout.com

XX072 lx.5

NE

Montgomery Towers Apartments

Beautiful 1 & 2 Bedroom Apartments starting from \$1275-\$1450

ALL UTILITIES INCLUDED!

Close to downtown Silver Spring, quiet building, central a/c, hardwood floors, spacious, ample closets, some with balconies, on-site laundry facilities, near public transportation.

Please call Tony Allen 301-588-7117 or William Cenac 301-589-6000 ext. 122

Frank Emmet Real Estate, Inc.

301-589-6000

SILVER SPRING

ASHFORD AT WOODLAKE

Rents start at \$1063

- Clubhouse
- Pool
- Fitness Center
- Washer & Dryer in every apartment

(877) 678-8539

www.ashfordatwoodlake.com

The DONALDSON

Dedicated to providing the Best Customer Experience

Silver Spring

WINDSOR COURT AND TOWER APARTMENTS

\$200 OFF PER MONTH \$0 APPLICATION FEE SECURITY DEP. STARTING AT \$99

Roomy Apartments within walking distance to MetroBus, shopping and restaurants

Stop in or call today

13802 Castle Blvd. #103 Silver Spring, MD 20904

Text WINDSOR to 29999 for more info

888-255-6159

Silver Spring

2 BEDROOMS \$1195

Short Term Leases Available

Enjoy our park setting, adjacent tennis courts and rec. center.

- Stay cool in our swimming pool
- Designer kitchen & bath avail
- Min. from Sil. Spr/Bethesda Metro
- Access controlled bldgs.
- Highspeed internet/tv avail

PADDINGTON SQUARE

8800 Lanier Drive Silver Spring, Md. 20910

(866) 531-0263

SILVER SPR/Forest Glen Metro

Ask About Our Move In Special

1 and 2 BEDROOM GARDEN APTS

Close to the Forest Glen Metro

UTILITIES INCLUDED

Forest Glen Apartments

CALL TODAY!

301-593-0485

NE

Hilltop Apartments

908 Eastern Ave NE

Carpeted One and Two Bedrooms starting from \$850-\$1025 + electric

Free Heat & Hot Water

Some with Balconies • Great Location

Metro Accessible.

Beautiful and Spacious

If interested, please contact Michelle Williams M-Sat 10:00am-3pm

Frank Emmet Real Estate, Inc.

240-863-8284

Silver Spring

Woodvale

1, 2, 3 BRs from \$1031

- New appliances
- New Carpets
- New Clubhouse, fitness & business center

(866) 522-5427

The DONALDSON

Dedicated to providing the Best Customer Experience

SILVER SPRING

2 BLOCKS TO METRO

2 BEDROOMS \$1460-\$1490

1 BEDROOMS \$1225-\$1250

JR. 1 BEDROOMS \$1095

EFFICIENCIES \$1045

ALL UTILITIES AND PARKING INCLUDED

Secure Mid-Rise Building with Elevator

- Central Laundry Facilities
- W-W Carpet
- Table Space Kitchen

EARLE MANOR

10820 Georgia Ave., Wheaton MD 20902

(866) 979-9698

Silver Spring

1 BRs from \$925

UTILITIES INCLUDED

Newly renovated mid-rise apts. CAC, disposals, assigned free parking. Walk to Metro!

240-393-7386

HILLBROOKE TOWERS APTS.

515 Thayer Avenue

SILVER SPRING

SECOND MONTH FREE

2 BEDROOMS \$1395

1 BEDROOMS \$1125

ALL UTILITIES INCLUDED

PARKING INCLUDED

- 1 Mile from Silver Spring Metro
- Wall-to-Wall Carpet
- Central Laundry
- Elevator, Secured Building

SLIGO HOUSE

603 Sligo Avenue Silver Spring, MD 20910

(301) 768-4592

Studios, 1, 2, & 3 BDs starting at \$865

- Walk to Suitland Metro
- Ask about our military discounts
- Swimming pool + playground
- Spacious floorplans

SUSSEX SQUARE

(301) 358-0865

2316 Brooks Drive, #101 Suitland, MD

LiveatSussexSquare.com

Prices are subject to change

SUITLAND

Rent Special!

MOVE IN FOR \$499*

1 & 2 BRs from \$755

SPECIAL LOW DEPOSIT!

UTILITIES INCLUDED!

Remodeled w/new Kitchens

- DIRECTLY ACROSS FROM METRO!
- Hardwood floors, Mini-blinds
- Laundry facilities on-site
- Free parking

SILVER HILL APTS.

301-423-3131

*plus deposit. Call for details

Takoma Pk/Silver Spring

Newly Reduced Prices!

1,2 and 3 BEDROOM APTS starting in the low \$900's

No Income Restrictions

Belford Towers

866-485-9179

belfordlease@beaconmanagement.com

www.beaconmanagement.com

Pricing is subject to change.

Equal Housing Opportunity

TAK PK—New Hamp. Ave.

HILLWOOD MANOR

301-891-2270

1 BEDRMS fr \$870

2 BEDROOMS ALSO AVAILABLE

ALL UTILITIES INCLUDED

LOVELY PARK-LIKE SETTING!

OFF STREET PARKING

HARDWOOD FLOORS

Housing Choice Vouchers Welcome

TEMPLE HILLS, MD.

Free Rent 'til Nov. 1, 2010

\$99 Sec. Dep**

1 BRs \$879 2 BRs \$965

- Balcony
- Dishwasher
- Wall to Wall Carpet
- Controlled access
- Minutes to the Beltway & 3 Metro lines

MARLOW GARDENS

888.390.6471

**with approved credit

Upper Marlboro—\$1700.00, SFH, 2LVLS, 3BR, 2FBA, GAR, W/D, Huge Fencd Yrd, Wood Fplc, Upper Marlboro, MD, 301-765-4822.

Temple Hills

OXON PARK APARTMENTS

301-894-3030



ALL UTILITIES INCLUDED!

50% OFF FIRST MONTHS RENT

- Wall To Wall Carpeting
- Three Blocks From Metro Station
- Minutes From Shopping Center
- On Site Emergency Maintenance

2 BEDROOMS \$885/\$965

1 BEDROOMS \$790/\$845

Temple Hills

FREE UTILITIES

1,2,& 3 brs starting at \$850*

- Close to Metro & major highways
- Laundry facilities in each bldg.
- Central heat and a/c
- Income restrictions apply; call for details

New Parkway

(866)370-5749

*limited time offer

SUITLAND

1/2 OFF 1ST MO RENT

FREE APPLICATION FEE!

PARKWAY TERRACE

1 BRs fr \$770 2 BRs fr \$840

- Walk to Metro
- W/W Carpet or Hardwood avail
- Keypad entry ways
- Parklike setting w/picnic tables & grill

Maximum income limits apply

877-608-6548

3415 Parkway Terr. Dr. Suitland, Md. 20748

Mon-Fri. 9am-6pm. Sat. 10am-4pm

UPPER MARLBORO - 3 large BR, 2 BA, basement apartment. \$1400 + utilities. Emmanuel 301-627-3234 or 301-379-8794

VA RENTALS

ALEX - Hi Rise Duke Street

All Utilities Included

Starting at \$925*

Gift Card \$200*

703-751-7576

*See Agent for details

Alexandria

BRAGG TOWERS EXTENDED STAY HOTEL

Furnished Efficiencies: \$378 Wk • \$1380 Mo

Cable • Internet • Utilities • Housekeeping

99 South Bragg St, Alexandria, VA 22312

703-354-6300 • www.BraggTowers.com

VA RENTALS

VA RENTALS

THE PALATINE

www.ThePalatineVirginia.com
1301 N. Troy St. Arlington, VA 22201 (877) 466-0095



ALEXANDRIA

SOUTHERN TOWERS

Efficiency from\$845* 2 Bedroom from\$1360*
1 Bedroom from\$1055* 3 Bedroom from\$1675*

- Metrobus at front door to Pentagon & Van Dorn Metro
- Spacious Rooms
- High-speed internet access available
- 24-hour front desk
- Free parking 24-hour 7-11
- No move-in administration fee
- No Security Deposit
- Convenient to Pentagon, Shopping & I-395

Hours: M-F 9-5 • Sat 9-5 • Sun 11-5
I-395 to Seminary Rd., West exit to Southern Towers immediately on right. 6 Month Lease Available! Please Call Now for Details!
Call our leasing office today!
703-485-4154
4901 Seminary Rd. • Alexandria, VA

*All Prices & Specials Subject to change without notice.

BRAND NEW, NOW LEASING!

OPEN HOUSE WEEK
OCTOBER 25-31, 2010

One Bedroom
Starting @ \$1693*
Two Bedrooms
Starting @ \$2099*

- Loft Apts Available
- Next to Huntington Metro
- CleanSteel™ Appliances
- Granite Countertops
- Stadium Theater
- Rotating Climbing Wall
- Pilates, Yoga, Cycling Studio

5950 Grand Pavilion Way, Alexandria, VA 22303 • www.RentAtTheCourts.com • 866-288-0406

THE COURTS
AT HUNTINGTON STATION



BRAND NEW Apartments at
the Clarendon Metro
Coming January 2011

Starting at \$1595

www.lyonplace.com

1200 N. Garfield Street Arlington, VA 22201
866.955.4241

Managed By **Saul Centers**

ARLINGTON- Sunny 2BR, 1BA,
new carpet. Near metro, new appliances. NS/NP.
\$1,500/mo. Call 703-318-1464

Falls Church—Beautifully renovated 5 br, 4 ba.
Mins to Pentagon & DC. \$3,495/mo 703-627-2745

SALEM VILLAGE

Apartment Homes

- Apartment Home Features:
- Beautiful hardwood floors or plush wall-to-wall carpet
 - Ample closet space
 - Select apartments have upgraded kitchen & bathrooms
- Community Features:
- On Metro Bus line
 - Excellent shopping within walking distance
 - Five minutes to Seven Corners Shopping Center
 - Ask about our Military Discount Program!

6084 Argyle Drive, Suite B • Falls Church, VA 22041
888.618.9066 • www.oldsalemvillageapartments.com

ROOMMATES

ALEXANDRIA/FORT BELVOIR, VA -
Resp. Male to share furnished TH. \$625, share BA,
utilities included, no dep. No pets. 703-303-1237
ARL, VA/Courthouse/Ballston- Furnished rooms,
\$850 - \$1200/room. No Smoking, Separate/Share
Bath. Short/Long Term. 703-522-0722
ASPEN HILL, MD- Share condo. 2BRs available,
\$420 & \$320. Utilities included. Close to everything.
Call 301-275-5632

BETH/NIH- Prof M share 4br house; furn rm;
working fpl; fridge; TV; VCR; cac; w/d; no pets;
Avail now. \$600 incl utls/cbl. 301-530-8947

BLADENBURG, MD - Seeking roommate
to share 2 Br apt. Female preferred,
\$550/month. Call 202-492-9926

BOWIE- Rooms in TH for rent. Nr shopping
center. From \$650. Utilities incl, cable, wireless
int. N/S, N/P. Sec Dep Reg. 240-245-4542

CAMP SPRING- Large room. House privs.
Includes Internet, cable TV, laundry & utls
\$180/wk. 301-449-3885

CAP HGHTS-Very nice home, newly renov, nr
metro. Cable, W/D, \$150 & up/wkly + dep.
301-706-7162

CAPITAL HEIGHTS, MD- Large room,
Male pref, no deposit, 2 blocks to Metro,
\$155-165. Call 301-537-5433

CAPITAL HEIGHTS, MD-Furnished room,
quiet environ., near metro, cable, \$150/wk & up.
Deposit. All utilities included. 301-602-9120

CAPITOL HILL - Share house, rooms for rent,
\$200 weekly, minutes to downtown and metro.
Please call 202-412-6783

FAIRFAX-Near Vienna Metro. Large room, in
nice TH. Near GMU. \$600, includes utilities+
free cable. Please Call 571-216-8355

FALLS CHURCH - SFH with 1 large rooms
available, share BA, lots of space. \$595. NS/NP.
Please call 703-560-9253

Ft. Wash - House to share. Large furnished room
On busline. \$140/wk all util incl. + \$50 sec. dep.
301-399-5090

GAITHERSBURG, MD-1 room \$299,
1 Mstr BR w/bed, \$399. In house to share.
No-smoking. Near Metro. 301-219-1066

GERMANTOWN - N/S male to share, BR w/ private
BA, W/D, utilities included, cable & internet
available. close to \$270/mo. Call 240-912-6360

HERNDON/STERLING, VA- TH to share
Large bedroom with private Bath,
\$700 plus utilities. Call 703-898-8921

HYATTSVILLE/Riggs & East-West Hwy.
Furnished room, \$450/month incl
cable & utilities. Call 202-709-2208

HYATTSVILLE - SFH to shr 4BR 3.5BA.
Near Metro. \$150/ \$175/wk. Near 2 Shop Ctr.
Huge rm. 301-802-3029 240-462-3238

HYATTSVILLE— 1 room in shared Townhouse.
\$500/month. utilities included. Near Metro.
Call 301-257-2814

HYATTSVILLE - Professional. Clean furn rooms,
utls included. Nr PG Plaza/ Metro/UMD. \$495-
\$595+ dep. Call 301-328-0135 or 301-661-9331

LANDOVER/OXON HILL, MD- \$625-
Great Set-up. Furnished/Unfurnished
Utilities incl. Share LR, DR, kit, BA. 301-848-0418

LANHAM, MD-Room in SFH, quiet,
no- smoking, 10 min to metro. W/D. \$499 +
\$20 utilities + deposit. 240-645-2380

LANHAM - Off street parking. Near New Carlton,
Greenbelt Metro, Marc & Nasa \$500+ share
utilities. Call 301-262-3510

LARGO, MD-Base ment Share house.
\$1150/mo included all utilities. Only 5 min to metro.
Pvt Bath. N/P. N/smkg. 240-338-0955

LEESBURG Furn BR in Single family house.
1 min to Greenway. \$600 inclds utls + Figs.
Please call 571-242-0922, 571-242-1222

NE-- Room in SFH. Near Metro,
\$135/week plus security deposit.
cable included. Call 202-498-2806

NW DC Room- Female Preferred, 2 blocks
Petworth Metro, Cable tv & utilities included,
\$500/mo. + 1mo dep, \$50 app fee. 202-241-4185

PETWORTH Female preferred Private home,
Br with LR, share kitchen & Bath, Reference
and security required. Please call 202-829-6358

RIVERDALE - Rooms for rent, \$675 incl Priv Ba,
\$550 shr ba, all utls included, near metro.
301-927-7062 or 240-353-1428

SILVER SPRING- Colesville Area House, pvt
entrance & prkg, all utls, cable TV & Internet
service. Call 301-706-9317, or 301-384-3771

SILVER SPRINGS/ASPEN HILL Master bedroom,
private bath, \$750 + elec, 2nd room for \$500 +
elec, close to bus stops & shops. 301-841-7608

SPRINGFIELD-Shr SFH. 1BR, 5mins to Metro &
Major Hwy. Pvt ent. Kit, W/D, pref Male, prof. No
smoking. \$550 inc util. Credit check. 703-922-8331

SPRINGFIELD - Lrg Bsmt. A/C, W/D, CA TV &
more. Close to Metro. \$1100 incl utls, \$700 dep.
571-217-1797

STERLING Roommate wanted in townhouse,
primarily used by weekend warriors, very nice
neighborhood, clean residence and all amenities
included, smokers welcome, cable, w/d, kitchen
and all utilities included, \$500/mo plus \$500 sec.
For info call 703-498-3701 or 724-223-1046

STERLING, VA - N/S in quiet safe neighborhood,
share house, large furnished room with
private bath, W/D. \$500. Call 703-731-3371

WOODBIDGE - 2 upstairs rooms for rent, also
basement apartment, swimming pool, N/S, N/P
\$500-\$650/m Call 703-389-6697

CONDOS FOR SALE

GREENBELT- Updated spacious 2BR unit, ceramic
bath, din rm, fam rm plus den, walk in closets,
washer/dryer, nr. transportation, Beltway and
NASA. Closing help. \$129,000. Call Bethea @
301-552-3000 x18.
Century-21 Home Center

HOUSES FOR SALE

Capitol Heights \$199,900
Fully Remodeled Single Family Home
4 br/2 full ba, Hardwood Flr, Den, New Appliances,
Granite Island & Breakfast Bar, Finished Bsmt,
New Windows, New Carpet, Fenced Yard,
Call 301-292-8990.

Del Ray \$1159000.00
Energy Efficient New Home
4000+ sq ft, 4br, 4 1/2ba, 3Fls, great
kctn, 2502 Dewitt Ave, Alexandria, VA, Hw Flrs,
walkout bsmt, walk to metro, town center 412-915-
9199

FORESTVILLE/CAPITAL HEIGHTS, MD-
Fully renovated home. 0 down. Spec fin. Tax rebate.
Call owner for details. 301-996-3989

COMMERCIAL REAL ESTATE

1629 K St. NW.—Economical officing: On demand
ofcs, ph, mail, Net, other svcs. Plans \$60-\$200/mo.
OSI 202-835-0680, washoffice.com

CARS

CHEVROLET 2008 TRAIL BLAZER LT 33k miles,
GM Major Guard Wty to 72k miles or 10/20/14.
BEAUTY! \$177. Call 703-992-5147

GEO 1996 PRIZIM 5 speed, good clutch,
runs great! 4 door, 4 CYL, PS, cold A/C,
\$1000/FIRM. Please call 202-744-7187

MERCEDES 2003 E500- Excellent condition,
new brakes, new tires, silver/gray heated
leather, sun roof, 101K miles, auto. \$16,500
Call 703-609-7882

WANTED
100 GOOD PEOPLE WITH BAD CREDIT
• None Established • Bankruptcies • Judgments
• Charge Offs • Repossessions • Tax Liens
New Test Program For Automobile
Financing Special Allocation of Funds
NEED A CAR - CALL NOW
Call Mr. Samuals Today • 1-877-877-5557
Laurel Kia Used Cars & Trucks

Work by day. Become a chef by night!



Achieve your culinary career dream while
holding on to your day job. L'Academie de Cuisine's
Professional Program now features Chef Instructor
Frank Morales, former head chef at Rustico and Zola.

New Evening Session begins February 7, 2011

Register now! **Call 301-670-8670 x225**
or visit **www.lacademie.com**

Daytime Professional Culinary and Pastry Arts sessions also available.



L'Academie de Cuisine

THE ACADEMY OF CULINARY AND PASTRY ARTS SINCE 1976

Where good cooks become great.

16006 Industrial Drive, Gaithersburg, MD 20877

RUSTLE UP YOUR TICKETS TODAY!



Illustration by Doug Fraser

RODGERS & HAMMERSTEIN'S OKLAHOMA!

MUSIC BY RICHARD RODGERS | BOOK AND LYRICS BY OSCAR HAMMERSTEIN II
ORIGINAL DANCES BY AGNES DE MILLE | BASED ON THE PLAY GREEN GROW THE LILACS BY LYNN RIGGS
DIRECTED BY MOLLY SMITH | CHOREOGRAPHY BY PARKER ESSE
MUSICAL DIRECTION BY GEORGE FULGINITI-SHAKAR

arena
stage

NOW PLAYING
Call 202-488-3300 or
visit **www.arenastage.org**
1101 Sixth St., SW, Washington, DC 20024

the mead center
for american theater

WeekendPass makes the weekend perform.
Every Thursday in Express.

X17c 2x5

lookout



An Abrupt Exit
Demi Lovato leaves
the Jonas Brothers' tour
for health treatment **45**

Geek Philosophy



EXPRESS PHOTO ILLUSTRATION

Tablet War & More

There are a couple of things worth keeping an eye on this week. When Apple launched the iPad, there were questions about whether there was enough room left in the hearts of techies for tablet computers. We answered yes with our wallets, and now other tech companies are rushing in to compete for our affections.



By
Kenneth
Terrell

On Thursday, Verizon stores will start selling iPads, breaking AT&T's monopoly on wireless service for the device. More notably, though, Samsung's iPad competitor, the Galaxy Tab, will start making its way to Verizon, T-Mobile and Sprint stores. Hewlett-Packard's also launching a tablet (the Slate 500) this month, and there are rumors of Sony's developing its own device.

In the other big news of this week, Facebook has called a big press conference for Wednesday afternoon. Having survived the Hollywood treatment with minimal damage, boy billionaire Mark Zuckerberg and company appear to be ready to take the next step: mobile phones. I've always found the Facebook apps that already exist for cell phones to be more than enough for my social networking needs. But, clearly, Facebook has bigger plans.

@ Comments? Give Kenneth your feedback: expressnightout.com/geek

The Libations Liaison

'Three Sheets' host Zane Lamprey takes his boozy musical stand-up show on tour

Comedy

Zane Lamprey has earned the title "the Indiana Jones of drinking." As the host of cult travel-style drinking show "Three Sheets," Lamprey journeyed around the world soaking up as many suds as he could.

Last March, he distilled his travels into a book of the same name. In between, he toured the country doing stand-up drinking comedy and also launched a webzine, *Drinkingmadeeasy.com*, which counts 30 libation-obsessed bloggers as contributors. The site acts as a companion to his new HDNet series, "Drinking Made Easy," in which Lamprey tours the country in a bus on the hunt for unique American drinking customs.

"I have to keep my hands in everything because everything is an extension of myself," Lamprey says. "I think a lot of people who watch [me] think I'm just the guy who travels around drinking and having fun, which I certainly am, but there's always a lot of business to be done."

Lamprey is currently on his "Sing the Booze" tour, in which he sings about drinking in a stand-up show that's also a drinking game.

When did you start writing songs?

It's something I've been working on for a while. I used to do it for real,



When he's not guzzling microbrews or sipping Champagne, Zane Lamprey sings about his passion for all things alcoholic.

Scouting

District Drinks

Zane Lamprey says he hasn't spent any time drinking in Washington, but he'll be filming a future episode of "Drinking Made Easy" in the capital. "Obviously, I'll find some places where presidents drank," Lamprey says. He also plans to investigate the origin of the Rickey, Washington's native cocktail. "There's a lot of stuff we need to get to the bottom of," he says. **R.G.**

but it's way more fun to craft jokes into songs. ... I encourage people to steal my music before they see the show, so when you go there you have an idea what to expect.

You've really created a brand with the "Drinking Made Easy" name. Are the TV show and website supposed to help people drink?

It's all tongue-in-cheek. Drinking is very easy. It's probably the easiest thing next to breathing. The first thing we do when we're born, we breathe. The next thing we do is we drink. What we're successful in doing is teaching people about

drinking cultures. It's a funny twist on the fact that we're informing you on what it is you're drinking. For example: What is beer, what is bourbon, what's the difference between bourbon and American whiskey? In New Orleans, you have the hurricane, but what is it, and why am I drinking the hurricane? It's really less about the establishment and more about the unique drinks and drinking cultures you find in different areas of the country.

RUDI GREENBERG (EXPRESS)

● 9:30 Club, 815 V St. NW; Wed., 5 p.m., \$25; 202-265-0930. (U St.-Cardozo)



Sympathy for 'The Devil': Erik Larson's acclaimed novel "The Devil in the White City" is getting another shot at the big screen, this time with the help of Leonardo DiCaprio. He will star in and produce the film with Jennifer Killoran. The nonfiction story focuses on two men — including the serial killer H.H. Holmes, whose role DiCaprio will play — who turned the 1893 Chicago World's Fair into their playground. (THE HOLLYWOOD REPORTER)

Compiled by Fiona Zublin. For more upcoming events, follow the Top Stops blog at expressnightout.com/topstops.

expressnightout.com **lookout**

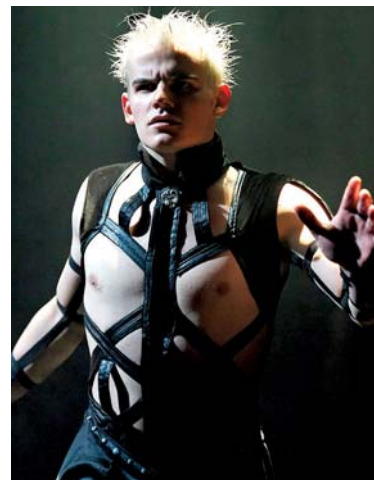


1 Star-Cross'd?

Though we admit that "Romeo and Juliet" bugs us — IT'S NOT ROMANTIC, PEOPLE; IT'S JUST ADOLESCENT — we have faith in choreographer Septime Webre's ballet adaptation, starring Luis R. Torres, left. Webre's proven himself more than capable of teasing out the nuance in works everyone thinks they know. It doesn't hurt that he's backed up by Sergei Prokofiev's gorgeous score. **Kennedy Center, 2700 F St. NW; Tue.-Sun., \$20-\$125; 202-467-4600. (Foggy Bottom)**

2 Cattle Rustling

Arena Stage needed a big, splashy show to inaugurate its Mead Center for American Theater, and it chose wisely: "Oklahoma!" changed musicals forever when it showed up in the 1940s. Dream ballets, love songs in which the characters pretend they don't love each other, subtlety, nuance — all these things got their start in "Oklahoma!" and it's too bad people just think of it as being about a hoe-down. **Arena Stage, 1101 6th St. SW; through Dec. 26; 202-554-9066. (Waterfront)**



3 Knights of the Round Table

This is the final weekend to see Synetic Theater's (as usual, silent and dancy) take on the Camelot story. "King Arthur" hits all the usual bases in the mythical king's life story — love, betrayal, magic, sadness, blah, blah, blah — but does it in Synetic's stylish, original way. And by that, we mean it's performed on a "water stage" and there's a splash zone. **1800 S. Bell St., Arlington; through Sun., \$40-\$50; 800-494-8497. (Crystal City)**

GW ALEXANDRIA CENTER

MASTER'S DEGREE IN

HUMAN RESOURCE DEVELOPMENT

Become a strategic HR partner. Lead change initiatives to support your organization's strategic direction.

Earn a top-rate education. Awarded Outstanding HRD Academic Program of the Year twice by the Academy of Human Resource Development.

Power up your weekend. Classes conveniently meet on alternating Saturdays in Alexandria.

Apply now to start Spring 2011.

Information Sessions

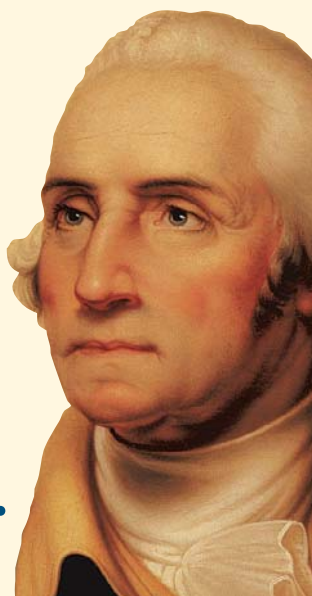
**Tuesday, Nov. 16
6:30 pm**

**Tuesday, Dec. 7
6:30 pm**

garage entrance: 1925 Ballenger Ave.
street entrance: 413 John Carlyle St.
Suite 250, Alexandria, VA
Metro: Blue or Yellow Line to King St.

Rsvp Today!

202.973.1130
nearyou.gwu.edu/hrd-ax



THE GEORGE
WASHINGTON
UNIVERSITY
WASHINGTON DC

BRING US YOUR
AMBITION.

www.gwu.edu/gradapply

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/
AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE IN VA BY SCHEV.
35736

New

Master's Degrees!

- Nuclear Environmental Protection
- Biotechnology
- Materials Science and Engineering
- Information Technology (Health Information Technology)

Prepare for the Future

- High-paying career opportunities in high-growth industries
- Flexible scheduling, evening courses
- Full- and part-time options
- Convenient location on Metrorail Red Line
- Scholarships available

Apply Now for Spring!



Open House:

Wednesday, November 10, 5:30–7 p.m.

CUA's Edward J. Pryzbyla University Center

Brookland/CUA Metro stop

R.s.v.p. and for more information:

202-319-5017 • <http://newmasters.cua.edu> • knightl@cua.edu

To request accommodations for a disability, please contact us.

REASON. FAITH. SERVICE.



THE CATHOLIC UNIVERSITY OF AMERICA



the Capitol Dish
Served to you by: The Washington Post

Today's Deal



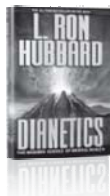
► \$25 for \$50
Locations in VA & MD



Buy at expressnightout.com/thecapitoldish

XXD501 3x1

WORRIED? STRESSED OUT? DEPRESSED?
There are answers in this book.



BUY AND READ
DIANETICS[®]
THE MODERN SCIENCE OF MENTAL HEALTH
BY L. RON HUBBARD

PRICE: \$20.00

Order Today (202) 797-9826

Receive a **FREE Introductory Counseling Session with Purchase**

The Hubbard® Dianetics Foundation of Washington, DC • 1424 16th ST NW, Washington DC 20036

— Bookstore Open Daily —

THE **TAILORED** MAN
EST. 1969
HONG KONG CUSTOM TAILORS

Suits: \$495, Shirts: \$60

5243 Duke Street, Alexandria, VA

Tel: 703-751-7868

www.tailoredman.com

IT'S THE MOST WONDERFUL TIME OF THE YEAR

5 DAY SALE - RATES STARTING AT \$109*



BOOK BY NOVEMBER 5TH TO ENJOY THIS GLORIOUS RATE

Imagine being greeted by 100,000 twinkling lights, hundreds of poinsettias and a 21-foot Christmas tree in the Great Hall. Make memories ice-skating, taking a hayride, or strolling through the festive lights of Candy Cane Lane and Victorian Village. For a limited time, you can enjoy this unprecedented rate for select dates. This offer will disappear as quickly as a hot s'more, so don't wait!

Rooms from
\$109*

866.847.0758 • thehomestead.com

Taxes and 15% daily resort charge are not included



*Rates are per room, per night, for 2 ppl. 5 day sale ends at noon on 11/5/10.
Offer valid for reservations 11/14/10 - 11/22/10 and 12/1/10 - 12/22/10. Subject to availability. Some restrictions apply.

THE KSL RESORTS COLLECTION • KSLRESORTS.COM

HOTEL DEL CORONADO • BEACH VILLAGE AT THE DEL • BARTON CREEK RESORT & SPA • THE HOMESTEAD •
LA COSTA RESORT AND SPA • RANCHO LAS PALMAS RESORT & SPA • VAIL MOUNTAIN LODGE & SPA

lookout entertainment

Ancient Egypt's Living Goddess

'Cleopatra' upends
enduring myths about
the shrewd monarch

Book Review

She was a child of incest, a born goddess, a queen by 18 — and possibly the richest magnate in the Mediterranean before she turned 20. By 21, she was cavorting in bed with the most powerful emperor of her day. She married her brothers when she needed them and murdered them when she didn't. She was a mother of four. But family concerns never crimped her. She was Cleopatra, last of the great Egyptian pharaohs.



If you think two millennia of dusty research and hoary legend have told us all we need to know about this woman, you're in for a surprise with "Cleopatra: A Life" (\$30, Little, Brown). Stacy Schiff, a Pulitzer Prize-winning author of three highly praised biographies — of Antoine de Saint-Exupéry, Véra Nabokov and Benjamin Franklin — has dug through the earliest sources on Cleopatra, sorted through myth and misapprehension, tossed out the chaff of gossip, and delivered a spirited life.

First, she was not Egyptian; she was Greek. She was not dark-skinned; more like honey. If she and

her ancestors murdered one another, they considered it no crime; if they practiced incest, there was never a word for it.

She was hardly beautiful by Hollywood standards — no Ange-

"In one of the biggest afterlives in history, she has gone on to become an asteroid, a video game, a cliché, a strip club."

lina Jolie, mind you. She was tiny, birdlike, with a pronounced hooked nose. She spoke numerous languages and was a gifted orator.

Schiff has a magpie's eye for detail. But for all its splendor, Schiff's book is a model of concision, and its brisk, vividly written chapters move with a swiftness the Nile never enjoyed.

Perhaps, as Schiff says, too many poets and playwrights have spoken for Cleopatra: "We have been putting words in her mouth for two thousand years. In one of the busiest afterlives in history, she has gone on to become an asteroid, a video game, a cliché, a cigarette, a slot machine, a strip club."

Make no mistake, "Cleopatra" will drive some historians cuckoo: It conflates and guzzles centuries in a single sentence. But it is a great, glorious spree of a story.

MARIE ARANA (THE WASHINGTON POST)

TV Beat



Skip Your Next Haircut: And start growing a whippable 'do. **Willow Smith**, left, brought her hair-happy YouTube sensation "Whip My Hair" to television on Tuesday, with her first live performance of the song on "The Ellen DeGeneres Show." She also explained the idea behind the viral video phenomenon to Ellen DeGeneres: "It's basically the new 'I'm me,'" said Smith, 10. "I'm me; I'm doin' what I wanna do." (EXPRESS)

TV tonight **lookout**

Best Bets

NBC
8:00

Undercovers Shaw sends Steven, Samantha and Leo to Peru to foil a plot to assassinate the president-elect. Unfortunately, Samantha gets too close to the case, putting her life in jeopardy.

CW
8:00

America's Next Top Model Tyra has a big surprise for the six remaining contestants: They're going to Italy. After a photo shoot on a gondola in Venice, they visit the fashion house of Missoni.

NAT GEO WILD
9:00

My Dog Ate What? This not-as-funny-as-the-title-suggests documentary-style program enters its second season with an episode in which a dog overdoses on muscle relaxants.

PBS
9:00



Circus Step right up as this six-episode documentary miniseries opens with "First of May," in which 150 performers and crew members of the Big Apple Circus assemble in Walden, N.Y., to begin putting together their new tour. (EXPRESS/TRIBUNE MEDIA)



SECRETS OF THE DEAD

Raiders of the Lost Tomb

PBS
8:00

"Secrets of the Dead" recalls an archaeological discovery that rivals that of King Tut. In the late 1930s, a French team found the tomb of King Psusennes I, who ruled during Egypt's Dark Ages. Yet this historically resonant find was abandoned when Nazi troops raced across Europe and into France. "Secrets" does a good job of recalling the two very distinct, but now-linked, historical eras. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

Dress-Up

Bad Hair Day

The Hellcats celebrate their anniversary with a 1980s-themed costume party and a musical performance by Vanessa (9 p.m. on CW). Savannah (Ashley Tisdale, below) plans a romantic night with Dan in preparation for taking things to the next level. Jake is upset when Alice turns a promo for the football team into one about the Hellcats. (TM)



ENTER FOR A CHANCE TO WIN \$4,000!

Express Readers who bring in this ad will receive a complimentary class & wraps (a \$50 value).

PLUS:

Sign up for a new membership at LA Boxing between

October 25 and November 30

to get the **FIRST MONTH FREE** and be

ENTER FOR A CHANCE TO WIN \$4,000!



No purchase necessary. Sweepstakes is sponsored by LA Boxing & Express Publications, LLC. Sweepstakes is open only to legal residents of the District of Columbia, Maryland & Virginia who are 18 yrs of age or older at the time of entry. Void where prohibited by law. Valid only at participating locations. You may also enter by sending a 3 x 5 postcard with name, address, phone and email to Allison Altobelli, Express Marketing Manager, 1150 15th St., NW, Washington, DC, 20071. Mailed entries must be post-marked by 11/26/2010. Entry period begins on 10/25/10 at 12:01 am Eastern Time ("ET") & ends on 11/30/10 at 11:59 pm ET ("Entry Period"). For the full rules, please visit www.expressnightout.com/contests. Limit 1 entry per person. One winner selected by random drawing will be awarded a check for \$4,000. Odds of winning will depend on the total number of eligible entries received.



For more information and to find a location near you visit:
laboxing.com

Alexandria • Arlington • Columbia • Georgetown • Rockville

express

Real Deals

SIX NIGHTS IN INDIA: NEW DELHI, TAJ MAHAL AND JAIPUR

\$1,199 Round-trip airfare to Delhi on Air India; two nights each at the Shangri-La's Eros Hotel in the heart of New Delhi, Hotel Clarks Shiraz in Agra and the Ramada Jaipur in Jaipur; breakfast daily; a farewell dinner at a Delhi restaurant; guided sightseeing, including a comprehensive tour of Old and New Delhi, a sunrise tour of the Taj Mahal, a visit to the rural Barara Village and a tour of the Amber Fort in Jaipur.
WHEN: Depart May 2, 5, 9, 11, 12, 16, 18, 19, 2011;
DETAILS: Depart from New York City; additional gateways must be arranged independently. Airport taxes and fees are about \$110. The Delhi international departure tax is \$28 and must be paid in cash in the local currency.

From Budget Travel Magazine FIND MORE DEALS & TIPS AT BUDGETTRAVELONLINE.COM



SHOP, DINE & CELEBRATE
On Alexandria's Historic Main Streets

Everything you love, is close to home — Alexandria's thriving art scene, critically acclaimed restaurants, and chic boutiques nestled in distinctive neighborhoods. For events, restaurant reservations, or to plan your next getaway, go to VisitAlexandriaVA.com.

- Nov. 4-7: **Alexandria Film Festival**
- Nov. 5-7: **Historic Alexandria Antiques Show & Sale**
- Nov. 6: **Swordsmen's Rendezvous**
- Nov. 6: **Veterans Day Program**


VISITALEXANDRIA.COM  Mobile Web Ready Site
703.746.3301
 KING STREET TROLLEY FREE
Visit us online for a complete calendar of events and sign up for our free Access Alexandria e-newsletter.
© 2010, Alexandria Convention & Visitors Association. All rights reserved.
 New Online Restaurant Reservations Powered By OpenTable



The medina market in Marrakech, Morocco, offers huge snails in broth with a toothpick; fried sardines; and tagine with couscous.

Morocco by Car

Driving gives tourists freedom and flexibility to see Arab kingdom

Adventure

The dusty road to Marrakech had just started to straighten out after hours of tight curves along jagged mountains. My boyfriend, Andrew Strickler, and I spent two weeks on the road in this North African country. The street signs are in Moroccan Arabic and French, languages neither of us knows. Still, we figured that navigating the byways was the best way to experience the country.
It's fairly easy to rent a car in Morocco, and driving gives you more freedom to stop along the way, and the flexibility to change your plans and linger in a location you like.

If You Go ...

- Many hotels and destinations in Morocco offer guided tours as part of their amenities.
- Research must-see destinations in Morocco at Visitmorocco.com.
 - The multilingual website for Kanz Erremal Hotel offers camel trips, airport pickups and a visual tour. Go to Kanzrerremal.com.
 - If you're planning on staying in El Khorbat, check out Elkhorbat.com. The site offers descriptions in English and Catalan.

Morocco is a kingdom bordering the Atlantic Ocean, just a few miles from the southern tip of Spain. We started our trip without a car, flying to Casablanca from Madrid on the low-budget carrier EasyJet, then heading north to Rabat, the country's capital, by train.

Our road trip began a day later, with a 10-hour drive southeast from Rabat to a town called Merzouga at the edge of the Sahara desert. It took about an hour to rent the tiny blue tin-can car, which cost about \$300 for six days.
We then drove east to an oasis called El Khorbat in the Todra Valley. This unusual destination uses tourism as a way to help preserve a traditional fortified village, called a casbah, where dwellings are made from earth and clay. We took a long walk among palm trees and down dirt roads with a guide who discussed literature and politics.
We returned the car in Marrakech. The rental company dropped us at the entrance to the medina (the old, fortified part of the city), where we were staying at the Hotel Du Tresor. The hotel was a quiet, cool sanctuary from the rest of the medina. COLLEEN LONG (AP)



Tourist Treats: Tourism officials across the U.S. have been aggressively engaging consumers through social media with travel packages and tips from travelers themselves. New Hampshire's Division of Travel and Tourism Development began its Facebook page in July 2009 and now boasts nearly 20,000 "friends." The state selects monthly partners for exclusive "Fan Benefits" for Facebook and Twitter users. Discounts come as printable coupons or promotional codes. (AP)

I WOULD NOT RECOMMEND FLYING OPENSKIES BECAUSE

UFOs FOLLOWED US DURING THE FLIGHT

LOVE EVERYTHING
OR PAY NOTHING

TRY OPENSKIES. IF YOU ARE NOT 100% SATISFIED, GET YOUR MONEY BACK.

Washington Dulles-Paris **\$840***

Each way based on roundtrip purchase when booked on flyopenskies.com

The low fare all-business airline.

open skies

flyopenskies.com | 1.866.581.3596

*Fare display is each way based on roundtrip purchase, subject to availability, non-refundable in Biz Seat. Gov't taxes and fees approx. \$118 and \$2.50 September 11th security fee extra. If booked through OpenSkies call center, add \$50 per person charge applies. Money back guarantee applies to published fares (no mileage, prize or other like ticket qualifies), new bookings made on or after Sept 8, 2010 and traveled Sept 8 - Nov 30, 2010 (promotional period) only. Each unsatisfied passenger must personally send letter postmarked within 30 days of return travel date with international postage to: OpenSkies - Sept, Satisfaction Guarantee Refund, 14-18 rue d'Annam, 75020 Paris, France. OpenSkies is not responsible for lost or misdirected mail. Letter must include: first name, last name, email, phone number, booking confirmation number, flight dates, boarding pass, bank wire transfer details (bank name, branch number, swift code, routing and account numbers), and an explanation why OpenSkies travel experience was unsatisfactory. No submissions postmarked after Dec 31, 2010 allowed. Each passenger may only submit one refund request for only one one-way or one roundtrip itinerary. Ticket purchaser will be refunded base fare and fuel surcharge only. No other ancillary charges or government taxes and fees will be refunded. OpenSkies reserves the right to modify or cancel the promotion at any time. See flyopenskies.com for current fares, restrictions and full terms regarding refund.

Poll Center

Today's Question

SHOULD THE REDSKINS
BENCH DONOVAN MCNABB IN
FAVOR OF REX GROSSMAN?

VOTE AT EXPRESSNIGHTOUT.COM OR
TEXT A FOR YES OR B FOR NO TO 98999

Yesterday's Results

WERE YOU SATISFIED WITH
METRO'S PERFORMANCE
FOR THE WEEKEND RALLY?



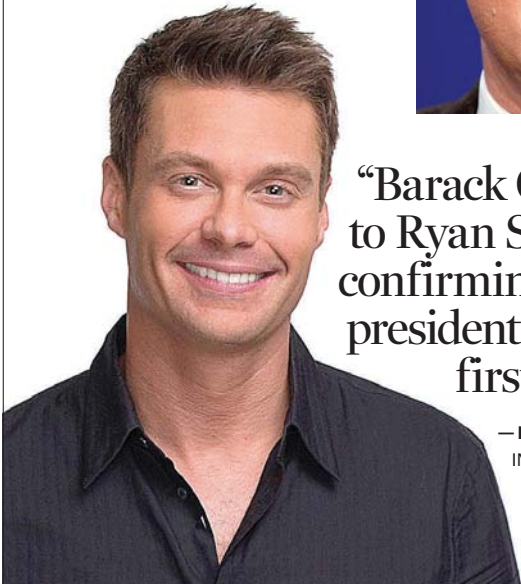
"I'm generally supportive
of Metro's situation, but this
weekend was unforgivable. I
waited 40 minutes for a train at
Fort Totten that my friends and
I could get on before giving up.
What irked me more was that I
was charged even though I never
got a ride!"

COMMENTER CJ

SEE HOW YOUR METRO STATION VOTED
AT WWW.EXPRESSNIGHTOUT.COM

"[Our] executive summary: Keith [Olbermann's]
ego was flattened after Jon Stewart threw all
cable news into the same rancid chamber pot,
forcing MSNBC and Olbermann to defend the
differences between MSNBC and Fox News."

—CHICKABOOMER.BLOGSPOT.COM
REACTS TO NEWS THAT THE HOST
OF "COUNTDOWN" IS SUSPENDING
HIS DAILY "WORST PERSONS IN THE
WORLD" SEGMENT.



"Barack Obama [gave] an interview
to Ryan Seacrest on Election Day,
confirming his irrelevance as
president at this stage in his
first term."

—BUSINESS.EZINEMARK.COM WAS LESS THAN
IMPRESSED WITH THE PRESIDENT'S DECISION TO
APPEAR ON SEACREST'S RADIO SHOW, WHICH IS
SYNDICATED ON MORE THAN 150 STATIONS ACROSS
THE COUNTRY.



"Taylor Swift says she's
inspired to write songs
based on her dating
experiences. Therefore,
we can't help but wonder:
What will her upcoming
fragrance line smell
like? Some kind of
Joe Jonas/John
Mayer mash-up?"

—THEHOLLYWOODGOS-
SIP.COM POKES FUN AT
THE ARTIST'S VENTURE WITH
ELIZABETH ARDEN TO CRE-
ATE HER OWN PERFUME, SET FOR
RELEASE IN THE FALL OF 2011.

**RESEARCH
STUDIES
AVAILABLE**

If you are 18 to 55 years old
and use cocaine sometimes
or every day, we need you
for inpatient or outpatient
research studies.

All participants will be paid for time and travel. There is no cost
for participation or study-related tests. Call for a
confidential screening.

TOLL FREE
1-800-535-8254
www.researchstudies.drugabuse.gov

RATRAVEL 1.800.788.0777

All Domestic Fares Available

Lagos \$330
Accra \$299
Los Angeles \$99
London \$155
Paris \$220
Moscow \$265
Frankfurt \$265
Johannesburg \$375

WWW.RATRAVEL.COM

Fares based on 1/2 R/T from Washington • Taxes • Restr. Apply
Fares based on 1/2 R/T, plus government and airport taxes
(\$25-\$300). Fare doesn't include government taxes from
\$150-\$300, airport taxes, fees, or September 11th security fee.
Subject to availability.

**COCKER SPANIEL RESCUE
OLDIES BUT GOODIES**

CFC
#27768

All Donations
Help Save A Life
703-533-2373
www.cockerspanielrescue.com

Georgetown University

**Master of Science & Ph.D.
Programs in Computer Science**

Information Sessions

6:30 - 7:30 P.M.

Oct. 28th, Nov. 4th, Nov. 18th, Dec. 2nd
Rm. 326, St. Mary's Hall
3700 Reservoir Rd., Washington, DC 20057
Prospective Students' Day- Dec. 10th- Details on Website

Application Deadline: January 15th, 2011

Refreshments to follow
RSVP: dgs@cs.georgetown.edu
Information: <http://www.cs.georgetown.edu>
<http://www.cs.georgetown.edu/events/>

puzzles lookout

Horoscope

SCORPIO (Oct. 23-Nov. 21) You'll want to focus on those situations that are brought to your attention by others. You can't be aware of everything.

SAGITTARIUS (Nov. 22-Dec. 21) Speed isn't your only concern; you'll want to be accurate as you pick up the pace and challenge your leading rival.

CAPRICORN (Dec. 22-Jan. 19) You have something up your sleeve that you'll want to conceal until the final moments — when the element of surprise is key.

AQUARIUS (Jan. 20-Feb. 18) You'll want to get in touch with the inner you, but in a manner that does not rub anyone else the wrong way.

PISCES (Feb. 19-March 20) You'll be doing the same things that worked yesterday, but one significant difference makes things much more exciting.

ARIES (March 21-April 19) You can make someone else quite proud of you, but there is still one thing you haven't done that is likely to become an obsession.

TAURUS (April 20-May 20) You'll want to avoid crowds and keep it real, focusing on those things that matter to you and you alone.

GEMINI (May 21-June 20) You may have trouble explaining to others just why you are intent on doing something that is, according to them, ill-advised.

CANCER (June 21-July 22) You and a friend may find yourself at cross-purposes before the day is out, but this conflict is not likely to present any serious problems.

LEO (July 23-Aug. 22) It's time for you to put your experience and expertise to the test in a way that is sure to attract a great deal of attention at some point.

VIRGO (Aug. 23-Sept. 22) You may be taking on a challenge at this time that others have passed up for a variety of reasons. You are feeling confident, however.

LIBRA (Sept. 23-Oct. 22) You're not interested in those things that are considered routine or mundane. Today, you want to experience something exceptional.

Scrabble Grams

PAR SCORE 145-155, BEST SCORE 220

A ₁	I ₁	O ₁	U ₁	R ₁	T ₁	K ₅

--

RACK 1

I ₁	I ₁	N ₁	H ₄	L ₁	T ₁	C ₃

--

RACK 2

E ₁	E ₁	E ₁	N ₁	S ₁	D ₂	F ₄

--

RACK 3

E ₁	E ₁	E ₁	D ₂	S ₁	M ₃	R ₁

--

RACK 4

Triple Word Score

2nd Letter Double

Yesterday's Solution

D ₂	O ₁	G ₂	S ₁	L ₁	E ₁	D ₂
N ₁	E ₁	E ₁	D ₂	F ₄	U ₁	L ₁
R ₁	E ₁	S ₁	I ₁	D ₂	U ₁	E ₁
E ₁	P ₃	I ₁	S ₁	O ₁	D ₂	E ₁

PAR SCORE 190-200

RACK 1 = **60**
 RACK 2 = **61**
 RACK 3 = **60**
 RACK 4 = **70**
 TOTAL **251**

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

	3		5	1		2		
1					7	8		
				3			9	4
		3				5	2	
5								6
	8	7				3		
8	5			2				
		6	1					2
		4		9	6		8	

Yesterday's Solution

2	7	6	9	5	4	1	3	8
1	5	9	3	2	8	7	4	6
8	4	3	6	7	1	9	2	5
7	9	5	2	3	6	8	1	4
4	1	2	8	9	7	5	6	3
3	6	8	4	1	5	2	9	7
5	8	4	1	6	9	3	7	2
6	2	1	7	8	3	4	5	9
9	3	7	5	4	2	6	8	1

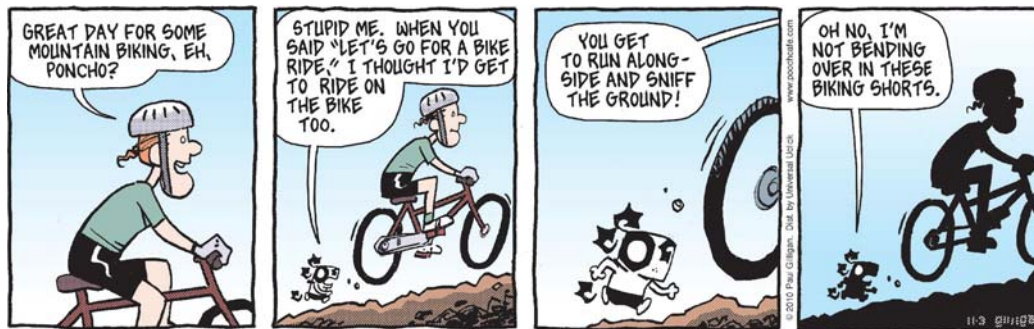
Need more Sudoku?
 Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

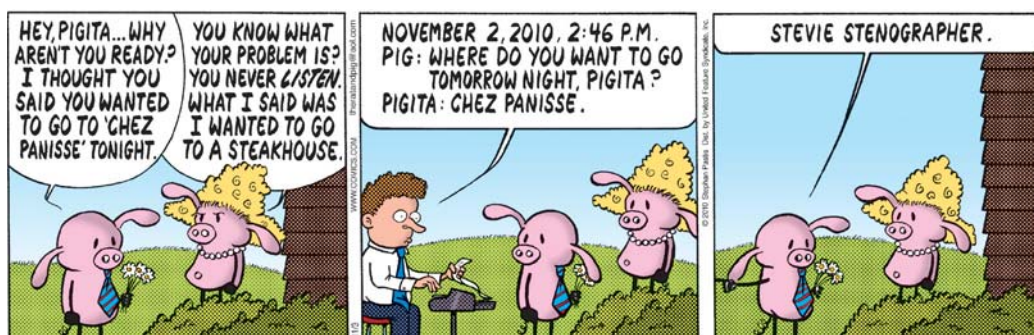
Comics

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

56 | **45**

Today: Some sun, then clouds today. Periods of rain late tonight.

59 | **41**

Tomorrow: Rain tomorrow. Partly cloudy tomorrow night.

Looking Ahead

FRI **SAT** **SUN**

54 | **39** **48** | **35** **53** | **42**

Sun and Moon

Sunrise today: 7:37 a.m.
 Sunset today: 6:06 p.m.
 Moonrise today: 4:34 a.m.
 Moonset today: 4:13 p.m.

Almanac

Normal high: 62
 Record high: 85
 Normal low: 44
 Record low: 28

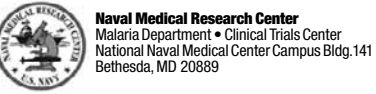
FORECAST BY ACCUWEATHER.COM ©2009

Be a part of your world.

Learn how you can **volunteer** in a research study of an investigational **vaccine** designed to prevent malaria.

We seek healthy adults 18 to 50, with no previous exposure to malaria. Compensation is provided.

Call **301.233.9640** or **301.295.4298**
Email: **malariactc.nmrc@med.navy.mil**



lookout puzzles

Crossword

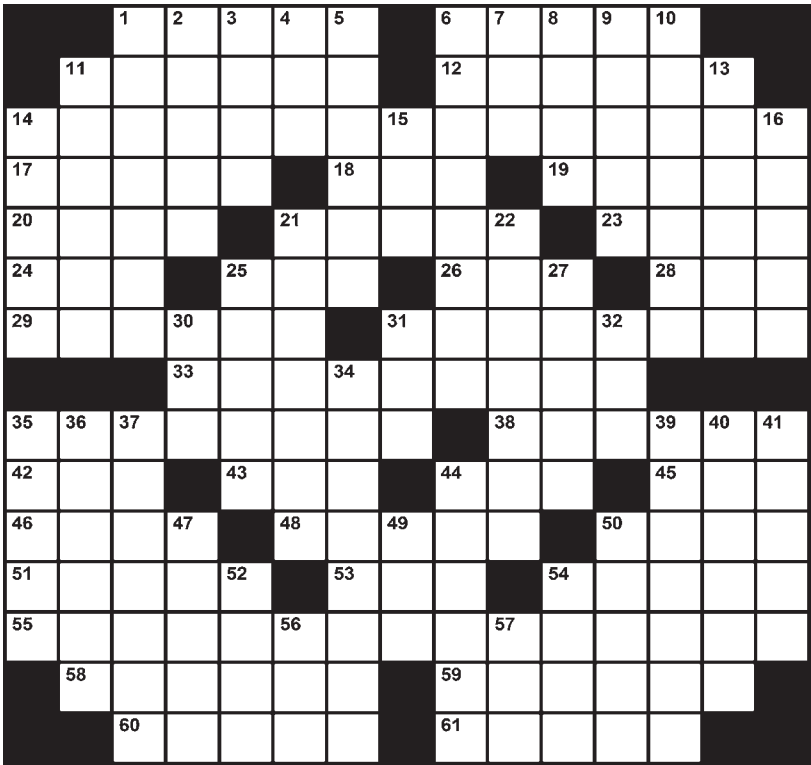
IT'S FREEZING IN HERE!

ACROSS

- 1 "Around ____ parts ..."
- 6 Meek creatures
- 11 "And now," e.g.
- 12 Youth who flew too close to the sun
- 14 Delivery place, perhaps
- 17 "Don't play," to a musician
- 18 Worthless piece of cloth
- 19 Truth ____ (hypnotic drug)
- 20 Small Federal Reserve Notes
- 21 Heron's cousin
- 23 Songs for one
- 24 TV remote abbr.
- 25 Smacking of irony
- 26 Clean out the register, perhaps
- 28 Vote (for)
- 29 Leave no doubt
- 31 Transports by plane
- 33 Cop's wheels
- 35 Crowning achievement
- 38 Respite from business as usual
- 42 In days past
- 43 Finale
- 44 "The Star-Spangled Banner" preposition
- 45 Some cell chains
- 46 Cornfield arrangement
- 48 Watchful one
- 50 Poker action
- 51 Nabisco treats
- 53 Potassium hydroxide solution
- 54 Israel's Sharon
- 55 Bride and groom's need
- 58 Be in a rage
- 59 Smothers with muck
- 60 Phobia
- 61 Sort of statesman

DOWN

- 1 Bygone Toyotas
- 2 Those with money and power
- 3 Make a change for the

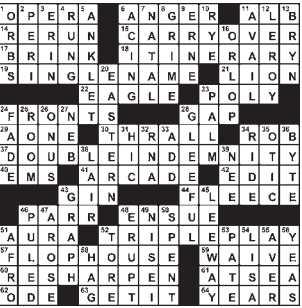


EDITED BY TIMOTHY E. PARKER

- verse?
- 4 "Not my mistake"
- 5 Environmentalist's concern
- 6 Teddies, e.g.
- 7 Do something
- 8 Setting for many sci-fi films
- 9 Scottish slopes
- 10 Convertible alternative
- 11 Get support from
- 13 Work with marble
- 14 It may be in the kitchen with a potbelly
- 15 Canal site
- 16 An anagram for "times"
- 21 Soon, in poesy
- 22 Burned maliciously
- 25 Composed
- 27 Linda of "The Exorcist"
- 30 Company with brown trucks
- 31 Skilled combat pilot
- 32 Nest egg choice
- 34 Gave free rein to
- 35 Pool shot involving a rebound
- 36 Old public squares
- 37 Fed juice to?
- 39 Personal coach
- 40 Word of exception
- 41 La ____ (French explorer)
- 44 End of a threat
- 47 More indignant
- 49 Nautical affirmative
- 50 It's before and after "de la"

- 52 Building lot
- 54 Etching liquid
- 56 "I solved it!"
- 57 Prepared introduction?

Yesterday's Solution



GW COLLEGE OF PROFESSIONAL STUDIES ARLINGTON

MASTER'S DEGREE IN SUSTAINABLE URBAN PLANNING

GRADUATE CERTIFICATES IN
URBAN SUSTAINABILITY
CLIMATE CHANGE SUSTAINABLE MANAGEMENT & POLICY
SUSTAINABLE LANDSCAPES

Are you committed to positive **change** and investing your unique talents and passion in **making our communities and environments sustainable**, and a healthier place to live?

If so, then join GW and like-minded professionals whose number one goal is to maintain a healthy environment and way of life for neighborhoods, and for regional, national, and global communities.

Become an agent of change.

Empower yourself with cutting-edge skills, knowledge of state-of-the-art sustainable technologies, climate change information, applied concepts and best practices in urban and regional planning.

Visit nearyou.gwu.edu/sustainable

Contact Us Today!
202.973.1130
nearyou.gwu.edu/sustainable

Courses offered
weekday evenings at
our Arlington Center.



THE GEORGE
WASHINGTON
UNIVERSITY
WASHINGTON DC

BRING US YOUR
AMBITION.

www.gwu.edu/gradapply

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/
AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE IN VA BY SCHEV.

35819

Adapt you. "Personal Tech" can give you cool and useful tools. Mondays.



XX1702x5

Today in History

1936 President Franklin D. Roosevelt defeats Republican challenger Alfred M. "Alf" Landon.

1957 The Soviet Union launches Sputnik 2; on board is a dog named Laika, who is sacrificed in the experiment.

1986 The Iran-Contra affair begins to come to light as Ash-Shiraa, a pro-Syrian Lebanese magazine, first breaks the story of U.S. arms sales to Iran.

express



Editorial: 202-334-6800
Fax: 202-334-9777
Circulation: 202-334-6992
Advertising: 202-334-6732
or ads@readexpress.com
Classifieds: 202-334-6200

EXPRESS STAFF: PUBLISHER—CHRISTOPHER MA | GENERAL MANAGER—ARNIE APPLEBAUM
EDITOR—DAN CACCAVARO | CREATIVE DIRECTOR—SCOTT MCCARTHY | WEB EDITOR—GREG BARBER
ASSISTANT MANAGING EDITORS—HOLLY J. MORRIS, MATT SWENSON | ART DIRECTOR—LORI KELLEY
FEATURES EDITOR—JENNIFER BARGER | SECTION EDITORS—KATIE ABERBACH, VICKY HALLETT,
SHAUNA MILLER, SARA SCHWARTZ, DARONA WILLIAMS, CLINTON YATES, FIONA ZUBLIN | EDITORIAL
DESIGN—ADAM GRIFFITHS, ERNIE SMITH | COPY CHIEF—AIMEE GOODWIN | PRODUCTION SUPER-
VISOR—MATTHEW LIDDI | PHOTOGRAPHER—MARGE ELY | EDITORIAL ASSISTANT—RUDI GREENBERG

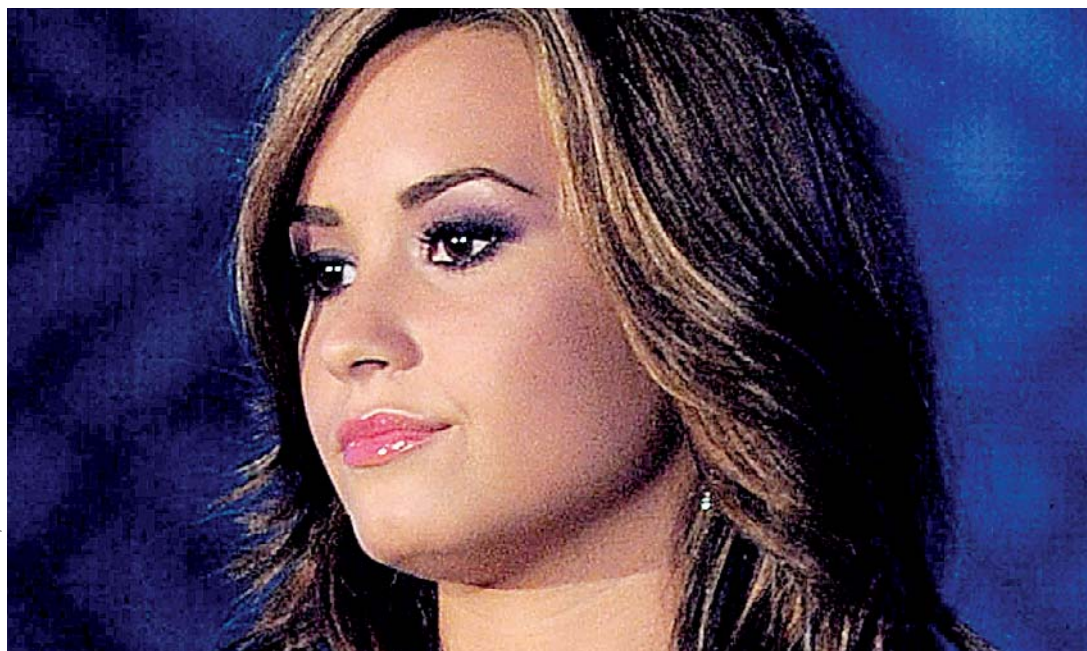
**PREDICTABLE****[Insert Joke About Inflated Ego Here]**

This year's Macy's Thanksgiving Day Parade will have some big names to go along with the big balloons. Macy's on Tuesday announced the list of celebrity performers for the event later this month. It includes Kanye West, Jessica Simpson, Gladys Knight and Arlo Guthrie. The 84th parade will also feature Kung-Fu Panda and the Kool-Aid Man. (AP)

IN COURT**EVERYONE Hated 'Blade III,' Not Just Your Trial Jurors**

Wesley Snipes is heading back to court Nov. 15, hoping to convince a Florida judge he deserves a new trial because he claims the jury was biased. Snipes

argues some jurors decided he was guilty before hearing any evidence and prosecutors hid damaging information about a key witness. Snipes faces a three-year prison sentence for tax-related crimes. (AP)



MICHAEL CAULFIELD/GETTY IMAGES

For those unfamiliar with her: Demi Lovato is an alternative Disney brand for those who find Miley Cyrus too adult.

SAD**Another Troubled Disney Star**

Demi Lovato checked herself into a treatment center to deal with "emotional and physical issues," her rep said Monday night. Lovato, the star of the Walt Disney Co.'s "Camp Rock" movies and the sitcom "Sonny With a Chance," was on an international tour with the Jonas Brothers but left the tour over the weekend to enter an undisclosed facility. (AP)

Overexposed**Unnamed Sources Extra-Unhelpful Today**

Kim Kardashian is reportedly making an album with producer and songwriter Terius "The Dream" Nash, says People.com. "They're working on some fun music," an unnamed source said. (EXPRESS)

**CONFUSION****Things That Didn't Yet Happen That You Thought Did**

Charlie Sheen filed to end his marriage to his third wife Monday, citing irreconcilable differences. He is seeking joint custody of his two sons with Brooke Mueller and asked the judge not to award spousal support. Mueller also filed Monday, requesting sole custody. (AP)



"I'm not going to impose pink on a girl. Do you think I'm really going to go that hard with it? That's how you get the exact opposite."

— MARIAH CAREY TELLS ELLEN DEGENERES THAT SHE WON'T FORCE GENDER STEREOTYPES ON HER CHILD AFTER IT IS BORN.

express**automobile dealers**

more cars on the net



@washingtonpost.com



LUSTINE DODGE
WOODBIDGE, VA 1-800-879-4701
14211 JEFFERSON DAVIS HWY. LUSTINEONLINE.COM



OURISMAN WORLD OF FORD
ALEXANDRIA, VA 703-660-9000
6129 RICHMOND HIGHWAY OURISMANFORD.COM



SHEEHY HONDA
ALEXANDRIA, VA 703-660-0100
7434 RICHMOND HWY WWW.SHEEHYHONDA.COM



BROWN'S MANASSAS HYUNDAI
MANASSAS, VA 703-361-9600
8651 CENTREVILLE ROAD MANASSASHYUNDAI.COM



LEXUS OF SILVER SPRING
SILVER SPRING, MD 1-800-266-4874
2505 PROSPERITY TER. LEXUSOFSILVERSPRING.COM



355 TOYOTA/SCION
ROCKVILLE, MD 301-309-3917
15625 FREDERICK ROAD WWW.DARCARS.COM



355 TOYOTA
ROCKVILLE, MD 301-309-3917
15625 FREDERICK ROAD WWW.DARCARS.COM

KAY JENNINGS SPRINGFIELD TOYOTA
SPRINGFIELD, VA 703-451-0300
6570 AMHERST AVE. SPRINGFIELDTOYOTA.COM

KOONS TYSONS TOYOTA
VIENNA, VA 1-888-505-1137
8610 LEESBURG PIKE WWW.KOONS.COM

**Drive you.**

"Cars" can put you in the right wheels. **Wednesdays.**

express

A publication of The Washington Post



We know working for the greater good still requires balancing the budget. You know the operational challenges of an organization can't be managed by a mission statement. Start with what you know. Then come see us about the rest. **Graduate Business Education at American University's Kogod School of Business.**

JOIN US FOR AN OPEN HOUSE on November 6, 10am - 1pm.

Be In the Know. kogod.american.edu/know



KOGOD SCHOOL *of* BUSINESS
AMERICAN UNIVERSITY • WASHINGTON, DC

**KNOW
WONK**